



Health/Nurse Aide Training

Nurse Aide Training CHNA-1000, CHNA-1500, CHNA-1550 (Hybrid)

This course is designed to meet the training requirements for the nurse aide in long-term care facilities. Emphasis is placed on achieving a basic level of knowledge of the resident, and demonstrating skills to provide safe and effective resident care. Students will have the benefit of utilizing a classroom environment as well as hands-on clinical instruction at a local long-term care facility. At the end of the course, students will be prepared to take the State Skills Test and the State Written Exam in order to be placed on the Direct Care Worker's Registry in the state of Iowa.

Ready to learn more? Complete our information form at www.kirkwood.edu/ce_certificatesform or contact a student advisor today at ceadvising@kirkwood.edu or 319-398-5529.

Course List:

NA

Delivery Method:

Classroom, Hybrid

Length of Program and CEU Credits:

85 hours, 10.2 CEUs

Entrance Requirements/Prerequisites:

Prospective students must be 16 years old or older, pass a criminal background and abuse registry check before the first day of class, obtain a physical that is less than 12 months old, and complete immunizations that include the 2-step TB test or chest X-Ray, Tetanus booster that is less than 10 years old, Hepatitis B series, or waiver. An additional flu shot is necessary if the clinical is during the flu season (October – March).

Other Items to Know About this Course:

The following textbook will need to be purchased separately: "Hartman's Nursing Assistant Care" (ISBN 978-1-60425-074-9). For lab/clinic, students must purchase galaxy blue scrubs, white non-canvas shoes, and a watch with a second hand. Apple watches or other recording devices in the clinic setting are prohibited.

Program Completion Requirements:

This is a pass/fail course based on both score and attendance. Tests and quizzes taken in class must score 79 percent or greater, and students must attend all 60 hours of combined classroom and clinic sessions and at least 15 hours of lab. Both factors must be met in order to pass the course and receive a certificate of completion.

Industry Credentials Earned:

Certified Nurse Assistant (awarded upon successful completion of the State Skills Test and State Written Exam)

Pathway to Credit Program:

Not articulated for credit, but can be used to fulfill a prerequisite for Nursing programs at several colleges.

Tuition Assistance:

Yes

Course Objectives:

- Identify characteristics and functions of effective nurse aides, including an overview of nursing facilities and skilled nursing facilities, methods for proper communication, legal/ethical requirements, individuality, and rights and needs of residents in nursing facilities.
- Evaluate the resident's environment and determine the aide's responsibility in maintaining a safe environment. Skills learned include medical asepsis, hand hygiene, standard precautions, fire and disaster plans, bed making, transferring residents, range of motion, and safe use of restraints.
- Assist the resident to achieve their personal hygiene needs. Skills learned include oral hygiene care, showers, whirlpool, nail care, grooming needs, shampooing, shaving, and assisting with elimination needs.
- Implement methods of assisting the resident to meet nutritional needs, including preparing the resident for eating a meal and feeding a resident.
- Perform routine care procedures, including taking vitals, obtaining resident height and weight, intake and output, obtaining a routine urine specimen, and urinary care.
- Support needs of residents with special conditions, such as reporting uncommon situations, modify behavior in response to a resident's behavior, and caring for the dying resident.

Learning Outcomes:

Upon completion of this program, students should be prepared to perform direct care for residents in a nursing home setting, ensuring proper resident safety, hygiene, and nutrition. Students will also be prepared to take the State Skills Test and the State Written Exam to receive certification on the Direct Care Workers Registry in the state of Iowa.

Careers:

Source: *Career Coach 2018, Kirkwood Community College region.*

Nursing Assistants

Average hourly earnings: \$13.94

Starting hourly earnings: \$11.00

Projected job openings (2018 – 2023): 1,864

Related Information:

www.kirkwood.edu/nurseaide

LEARN MORE

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