Objective Measure of Ego Identity Status (OM-EIS)

Scoring

Identity-Achievement Score
Sum the following answers:

8, 13, 15, 18, 20, 22, 33, 35, 40, 42, 45, 46, 49, 51, 55, 60

Identity-Moratorium score
Sum the following answers:

5, 9, 11, 12, 14, 26, 31, 32, 34, 36, 43, 47, 48, 54, 57, 61

Identity-Foreclosure score
Sum the following answers:

3, 17, 21, 24, 27, 28, 37, 38, 39, 41, 44, 50, 58, 62, 63, 64

Identity-Diffusion score
Sum the following answers:

1, 2, 4, 7, 10, 16, 19, 23, 25, 29, 30, 52, 52, 56, 59

Definitions:

Crisis – an individual’s attempts to choose among meaningful alternatives.

Commitment – an individual’s personal investment in the task/decision.

Identity-Achievement – individuals have considered several occupational choices and reevaluated past beliefs; they’ve gone through a crisis period, and they’ve committed to an occupation and an ideology, whether or not their decisions conflict with parental wishes.

Identity-Moratorium – individuals still in a crisis period, unable to make a commitment; they are still attempting some compromise among parental wishes, society’s demands, and their own capabilities.
Identity-Foreclosure – individuals have made a commitment without experiencing a crisis; the line between parental goals and their own is unclear. They are becoming what others have intended for them. If faced with a situation in which parental values were nonfunctional, they might feel extremely threatened.

Identity-Diffusion – individuals lack commitment; they may or may not have experienced a crisis period. They have not decided upon an occupation nor are they much concerned about it. They are uninterested in ideological matters and take a smorgasbord approach in which they sample from all.