YOUR WORK, YOUR MIND, YOUR LIFE.

beyond rubies
Women’s Conference

MARCH 3 - 4, 2016

THE KIRKWOOD CENTER
KIRKWOOD COMMUNITY COLLEGE
CEDAR RAPIDS, IOWA
Welcome to Beyond Rubies, A Women’s Conference!

Whether you’re a first-time participant or you’ve been coming for the past 30+ years – we invite you to join us to experience an unforgettable event guaranteed to inform, inspire and empower.

Beyond Rubies is a conference for women of all generations and backgrounds to learn practical ideas on how to succeed, while juggling increasingly complex and diverse life demands. You will be engaged in an exciting, fun and inspirational atmosphere, where women come together to network. This upbeat, two-day conference will feature professional development and personal growth topics. Each day will feature a keynote presentation and participants will have the opportunity to attend three breakout sessions of their choice.

The conference will set the tone for building better lives while enjoying the journey. The focus will be to provide information on a full range of issues – for your work, your mind, and your life.

We encourage you to attend this year’s conference and participate in the wonderful opportunities Beyond Rubies 2016 has to offer. We look forward to seeing you in March!

Erin Brokel, Michelle Cherrier and Kristin Hanneman
Beyond Rubies Conference Coordinators
Thursday, March 3
**Fierce Sisterhood! Celebrating Female Friendships**
Amy Dee Kristensen

Do you sometimes wish secret tunnels connected your female friends’ houses to your house? Your women buddies just “get it!” They laugh with you about the confused eyebrow you found on your chin, and fume with you over your teenager’s tattoo. They give you a pep talk when you want to quit, and tell you which pants make your butt look big. They remind you that you are braver than you believe, stronger than you seem and smarter than you think. Fierce sister friends are the starch in your spine. They don’t just tolerate your quirks, but celebrate them with cries of “ME TOO!” Those weird women are your tribe. This keynote is a hilarious, heart-touching, and musical celebration of female friendship!

Friday, March 4
**The Funny Thing About Stress**
Kay Frances

Feeling stressed? Worried about change? It’s Kay Frances, “America’s Funniest Stressbuster” to the STRESS-cue! In this motivational and hilarious keynote, Kay’s humor, combined with her expertise in stress management, will not only offer useful information but will show you a rollicking good time in the process. In this frenzied world, we need to be reminded of the importance of managing our stress, keeping our sense of humor and taking care of our health. Kay does this in a way that is second to none! Kay Frances combines her years as a professional standup comedian with her education and her passion for her message to offer a unique skill set not often found in one speaker. It’s humor-with-a-message at its funniest!

“Keynote speakers were truly fantastic. Great mix of humor and poignant insight.”
Thursday, March 3

Registration and Continental Breakfast: 7:30 - 8:30 a.m.

**Breakout Series I** (8:30 - 9:45 a.m.)

1. Remarkable Leadership: Putting Your Values to Work
   Remarkable leaders know who they are, what they believe, and how to cast a vision of the future that captivates and empowers others to achieve success by working together. Whether you are an established or emerging leader, now is your opportunity to discover the power of values-based leadership.
   Mel Gonnerman, Jr, Ph.D., Director of Industrial & Organizational Services, The Peerman Group

2. Public Speaking 101
   You are now a leader in your chosen profession or community organization. That is why when you step before the microphones or before the board, you better be ready to speak. Get help shaping your message.
   Reginald Williams, Past District Governor, Toastmasters International

3. Conveying Your Message: Getting Out of Your Own Way
   The written word is the foundation of communication. In a world overtaken by email, texting and tweeting, your words matter. First order of business, avoid common errors and reduce needless clutter to make your words count when they matter most. Bring your laptop or tablet to take best advantage of this workshop opportunity.
   Laura Behrens, Red Pen Communications

4. Your Identity is Personal, Keep It That Way
   Identity theft is the fastest growing crime in America. Join us for a discussion on myths about identity theft, five common types of identity theft, dangers of social networking, what you’re really buying with your identity theft plan and which product is best for you. Question and answer session follows.
   Susan Hightshoe, Identity Theft Shield, Legal Shield

5. Springtime Cooking Cleanse
   Experience the freshness of the spring season with cleansing foods. Learn the cleansing properties of each featured ingredient as you enjoy samples of three recipes: Sparkling Green Tea Lemonade, Smoked Salmon and Pesto Pizza, and Black Rice Berry Parfait.
   Linda Ashley, RD, LD, Hy-Vee

6. Conquer the Creative Corridor
   This session is ideal for those new to Iowa’s Creative Corridor or those wanting a refresher on what the region has to offer. We will provide information and ways to connect to the community by covering topics like arts and culture, volunteer opportunities, recreational/spectator sports, new developments, networking, and more.
   Ellen Bardsley, Talent Acquisition Specialist, Cedar Rapids Metro Economic Alliance

7. Achieving Self Mastery
   Our thoughts and words create our reality. As we change, we need to change the programs in our minds to not limit our success and happiness. We need to tell ourselves, “My life is wonderful!” Simple techniques will be shared that transform patterns we have created or that have been embedded in our minds and bodies as early as childhood. Everything we are, including our health, is a product of emotions, stress and environment. Simple skills in meditation, breathing and visualization will help us to accomplish our balance. Living is fun!
   Dr. Janine Ambrose, The Loving Arts

Break/Vendors: 9:45 - 10:15 a.m.

**Breakout Series II** (10:15 - 11:30 a.m.)

8. Giving and Receiving Effective Feedback
   Feedback is vital to continued growth and development. Learn the tools necessary for giving and receiving effective feedback. We’ll use a five-step process for giving feedback, demonstrate examples of bad and good feedback, and learn how to ask for specific feedback. This session will be informative and interactive.
   Deb Harrison, Employee Development & Training Manager, Transamerica

9. Conveying Your Message: Positive Steps to Communicate Clearly, Cleanly, Effectively
   Clearing your own speed bumps is only the first step to effective communication. We will learn ways to improve on the “merely correct” and set your message apart from others. Bring your laptop or tablet to use as we workshop relevant examples.
   Laura Behrens, Red Pen Communications

10. Leadership 101
    Whether born or chose to, leaders still have to have a plan. It is not enough to delegate and stand in front. Find a framework that will guide you in every leadership environment.
    Reginald Williams, Past District Governor, Toastmasters International

11. Feel Your Brain at Work
    This hands-on workshop will work your memory, processing speed and attention skills. This is a great way to experience brain training while also coming away with invaluable tips and information on lifelong brain fitness.
    Courtney Axline, Center Director, Learning Rx

The breakout sessions were great!
12. Undress for Success
Insecurities that remind us daily we aren’t good enough; not being able to accept a compliment; letting mistakes define us. As women, many of us do this most of the time. It’s time to undress (not literally) these old feelings and thoughts, and start preparing for success. Letting go of bad habits, false beliefs, memories that serve as hurtful reminders (the list goes on), can be difficult. Every day, every moment, we are presented with an opportunity to recreate ourselves. It’s time to learn to leave behind the baggage that burdens us and to focus on the person we were created to be.
Karen Schumacher, President, Crescendo Leadership Development

13. Weight Loss Made Simple
Balance the body’s chemistry and make your body a fat burning machine. Weight loss is not cookie cutter. Come and learn why you are struggling and how to fix your specific weight loss issues.
Dr. Terry Cooper, Wholistic Wellness Clinic

14. You First: Teaching Women Why Self Care Is So Important and What Small Things You Can Do Daily
Women are so busy taking care of others and trying to balance everyone’s needs. But, in reality it is only by taking great care of ourselves that women find the balance, health and connection that makes everything else in their world go smoothly. Tips, ideas and actual plans will be included.
Alison Dix, Self Care Coach for Women, All About Joy

Lunch/Vendors: 11:30 a.m. - 12:45 p.m.

KEYNOTE SPEAKER
12:45 - 2:15 p.m.
Amy Dee Kristensen

Break/Vendors: 2:15 – 2:45 p.m.

15. Mnemonics
Do you know why you remember? In some cases, what you remember is more important than why. Determine what helps you remember and how to effectively recall the information.
Reginald Williams, Past District Governor, Toastmasters International

16. How to Take Control of Your Life by Taking Control of Your Money
Learn how to become your own financial advisor. This will decrease your costs and increase your returns as you change the way you think and act with money, YOU are the answer.
Mike Finley, CEO, The Crazy Man in the Pink Wig, LLC

17. Sell Me? Sell You!
Everyone Is Doing It!
Sales isn’t just for salespeople; it’s for everyone. In every role you play in your life – as a professional, a parent, a friend, a spouse – you are selling yourself and your ideas every day. You just may not know it. Likewise, every day someone is selling themselves and their ideas to you. Learn tips to be a better communicator, the four communication styles, the six steps of every sales process, why questions are the key to sales, and how you can apply these skills to your everyday life in all the roles you play.
Todd Saville, Business Faculty, Kirkwood Community College

18. Wine and Food Pairing Essentials: Eight Rules for the Perfect Toast
Join us for an afternoon of sipping through the mysteries of pairing wines with foods. We’ll begin class with a brief Wine 101: learning what to look for when you’re tasting wine and how to decipher wine labels. Next, we pop the corks and taste wine samples with complementing and contrasting food flavors. You’ll walk away from this workshop with a new sensory awareness and an invitation to experiment with your new skills at the wine and cheese networking reception immediately following class.
Lauren Chalupsky-Cannon, The Secret Cellar Wine & Gift Shop

19. Yes, You Can!
There are easy ways to add healthy choices to your diet and exercise to your day. Learn from someone who has lost and maintained a 180 pound weight loss for four years. Food is no longer the enemy. Find ways to make permanent changes to your lifestyle.
Penny Foy, Lifestyle Change Expert

20. The Art of Living Dangerously: Lifestyle Shifts for Conscious Living
Journey through the 13 principles of The Art of Living Dangerously to learn how to cultivate the conscious living lifestyle you crave. Conquer chaos, feel more on purpose and inspire yourself to act on hibernating ideas. You deserve to live life to the fullest. Start now.
Jennifer Murphy, Life Coach, No Limits Life

21. Pursuing Healthy Relationships from the Inside Out
Whether at home, at work, or at play, we are constantly interacting with others. This dynamic, interactive session offers effective tools for thriving and forming healthy relationships. We’ll also address how the quality of our relationship with ourselves impacts our other relationships. Topics include boundaries, expectations, forgiveness, communication, conflict and authenticity.
Christina Hernandez, Community Outreach Coordinator, House of Hope

NETWORKING
Wine and Cheese Reception
4 - 5 p.m.

“Everything was super! This is my treat to myself every year for several years.”
Friday, March 4

Registration and Continental Breakfast
7:30 - 8:30 a.m.

**BREAKOUT SERIES IV**
(8:30 - 9:45 a.m.)

22. Overcoming Obstacles in Life
Beth Peterson is a two time lightning strike survivor, amputee, Army veteran and near death experience survivor. Beth had to learn to read, write, walk, talk and potty train again. Through those obstacles, she found tools to help others overcome and survive their most challenging experiences. She is a national speaker, author and local resident of Linn County. Beth loves to give back to the community which has supported her back to her own path to wellness.

*Beth Peterson, Author*

23. Weigh-in = Buy-in! Creating an Open Environment for Collaboration and Decision Making
This workshop will provide practical techniques for team members to create a safe and open environment for all to participate to build commitment for decisions and actions. Demonstrating these skills helps to eliminate the “meeting after the meeting.”

*Gale Mote, Trainer & Organizational Development Consultant, Gale Mote Associates*

24. Three Massive Mistakes Working Women Make That Keep Them Feeling Overwhelmed and Exhausted and How to Do It All with Effortless Ease
This talk is filled with steps you can take right now to give you peace and calm. Learn how you can change your state of mind in 16 seconds, how to give your heart a break, balance your brain and how your thoughts are creating your life.

*Dr. Tanya English, Quantum Healing International*

25. Navigating Your Way as a Professional and a Mom
Are you a working mom trying to find that perfect balance? We will discuss taking care of business, taking care of loved ones and taking care of yourself. Be inspired by others who have found success in balancing all aspects of life.

*Jen Kovach, Owner & Trainer, JLK Training and Consulting*

26. How to Get Your Groove Back
Have the words “fit, focused and fabulous” been replaced by “fatigued, fat and fuzzy” to describe yourself lately? Are hormones wreaking havoc and messing with your moods, metabolism and mojo? If so, it’s time to get your groove back. Come find out how!

*Penny Plautz, Certified Eating Psychology Coach, Wellpower*

27. Attention Sandwich Moms: Learn Ways to Reduce the Squeeze
Moms between the ages of 35-54 have been dubbed the “Sandwich Generation”. Are you raising children and saving for their college while taking care of aging parents and their financial concerns? All this while planning for your own retirement? Attend this fun, upbeat presentation to learn a light hearted approach to tackling this very stressful situation. We’ll cover survival techniques and share experiences and information for assisting the “Sandwich Generation” through senior services.

*Koleene Herlocker, Executive Director, Home Choice Senior Care*

28. Funny Business: Applying Improv Comedy Principles at Work
You’ll never mistake an improv comedy show for a business meeting. The difference? Work is full of “no” and “yes, but...” Improv comedy is all about “yes, and...” Use basic principles from this highly interactive session to change your workplace energy and become a better leader, mentor and colleague.

*Kory May & Meg Schneider, Founders, Iowa Storytelling*

Break/Vendors: 9:45 - 10:15 a.m.

**BREAKOUT SERIES V**
(10:15 - 11:30 a.m.)

29. Raising Kids Who Will Rise Above
Parenting is the hardest job you will ever have. How can you ensure that you are raising strong, respectful, independent and caring children that will grow into successful adults? Evaluate and self-reflect on your parenting style to ensure you are doing all you can for your kids.

*Jen Kovach, Owner & Trainer, JLK Training and Consulting*

30. Reality-based Leadership: Turn Excuses into Results
Reality-based leaders learn to change the way people think about and perceive their circumstances. Free yourself from the frustrations you face and transform yourself into a reality-based leader. Uncover destructive thought patterns within yourself and others. Diffuse drama and lead the person in front of you. Stop managing and start leading, and empower others to focus on facts and think for themselves.

*Jennifer Olsen, J Olsen Consulting, LLC*

31. Speaking Your Truth and Having Conversations with Confidence
Do you find yourself saying “yes” when you really want to say no? Or find it hard to say what you really want to say, especially with certain people? If so, this session is for you. We’ll explore what it means to speak from truth, how to increase your confidence, and how to deal with difficult people and situations.

*Sarah Young, Leadership Change Maker & Entrepreneur, Zing Collaborative*

“Great speakers! Great food! Great vendors!”
32. Memoir Writing
A picture is worth a thousand words, but memories are priceless. Have you recorded your memories for future generations? If this is a “someday” project on your bucket list, now is the hour. We’ll walk through the process step by step, chuckle by chuckle.

Jacquie McTaggart, Author & Freelance Writer

33. Your Life and Your Money in Retirement
This presentation is for those at the point of retirement or just prior to retirement. Meant to provide discussion points highlighting strategies and action steps you can take to feel more confident transitioning into retirement. Handouts provided. A Q & A session will be available at the end of the presentation.

Jeff Kaiden, Certified Financial Planner & Financial Advisor, Principal Financial Group

34. Sheree Clark Whips-Up Nude Food
Are you a gourmet foodie? Or just want to shrink your booty? Nutritionist and TV show host Sheree Clark will help us discover naturally delicious ways to feel great and lose weight! As a special treat, she’ll demonstrate one of her favorite healthy recipes (gasp!) in the raw.

Sheree Clark, Fork in the Road

35. Energy, Frequency and Vibration: How Lessons on Energy from the Paranormal World Can Apply to You
One of the most important lessons this researcher has learned in 30 years of dealing with ghosts is just how powerful we really are. Learn about the energies that surround us, and see a visual demonstration of how your own energies impact our environment.

Darcie McGrath, Paranormal Researcher

Lunch/Vendors: 11:30 a.m. - 12:40 p.m.

Door Prizes: 12:40 - 12:45 p.m.

36. Lion Bridge Brewing Company
History, Tasting and Craft Beer Trends
Discuss the history of the brewery, how we got started and our plans for the future. Also we will do a tasting of our award winning beer, Workman’s Compensation. We will also discuss craft beer trends, women in the craft beer space and being a minority woman owner of a brewery.

Ana McClain, Owner & Business Manager, Lion Bridge Brewing Company

37. Leading Your “Teams” to Victory!
Work, home, family, activities… we all belong to many different teams and often times are expected to be a leader! This interactive workshop will focus on effective communication, supporting others and problem solving skills which will help you be the most effective leader in all aspects of your life.

Jen Kovach, Owner & Trainer, JLK Training and Consulting

38. Real Estate Basics
Would you like to be a savvy home buyer or seller? This session will take a look at what things to examine as a buyer and what it takes to get top dollar as a seller.

Matthew Waddell, MATTtheHOMESELLER.com

39. S.O.S. – Savvy “Oh” Savings
Join an interactive discussion with a 20-year veteran of the financial industry. Topics will range from basic to complex, and cover savings tips, how to use debt, how to choose insurance coverages and how retirement accounts like IRAs and 401ks work. The goal is to have each attendee say, “Oh! That’s how that works!”

Craig Adamson, President, Adamson Financial Planning

40. How to Unlock Your Creative Potential
Creativity is the number one leadership trait CEOs seek in an employee. This session will discuss what creativity is and its value in the workplace. Learn specific techniques to tap into your creativity in a fun, interactive format. You’ll leave with an enhanced creative confidence!

Allison Poss, Founder, Axle Rev, LLC

41. Values-based Living
When we lead lives based on our values, we’re happier and more fulfilled. Things become clearer and we stop second-guessing ourselves so much. Learn what your top five values are and how to apply them to align your time and energy with what matters most.

Jennifer Zach

42. Behold Wondrous Yards!
Wondrous yards are like a beloved, lived-in house. They are warm, inviting, colorful and a bit rumpled. We grew up with wondrous yards. From them we learned curiosity, respect for nature and compassion. Learn to create your own nurturing, stimulating and ever-changing wondrous yard.

Marion & Rich Patterson, Winding Pathways, LLC

The keynote was amazing! Helped me both personally and professionally.
The success of the Beyond Rubies Conference is directly related to the participation and support of our community. We are proud to recognize the following sponsors:

**Diamond Level:**
- Infinity Skin Health
- Mount Mercy University
- Tanger Outlets, Williamsburg
- The Enchanted Gift

**Emerald Level:**
- Adamson Financial Planning
- Alzheimer’s Association East Central Iowa Chapter
- AM Artistic
- Arbonne International, Trudy Mitchell
- Beth Peterson
- Coalition for Life of Iowa
- Foundation 2
- Prairiewoods Franciscan Spirituality Center
- Perfectly Posh by Shaleen Ague
- Youth For Understanding USA

**Ruby Level:**
- Quality Auto Rebuilders, Inc
- State Farm Insurance, Michelle Havener

**Individuals:**
- Craig Adamson, President, Adamson Financial Planning
- Courtney Axline, Center Director, Learning Rx
- Ellen Bardsley, Talent Acquisition Specialist, Cedar Rapids Metro Economic Alliance
- Laura Behrens, Red Pen Communications
- Dr. Terry Cooper, Wholistic Wellness Clinic
- Alison Dix, Self Care Coach for Women, All About Joy
- Dr. Tanya English, Quantum Healing International
- Mike Finley, CEO, The Crazy Man in the Pink Wig, LLC
- Penny Foy, Lifestyle Change Expert
- Mel Gonnerman, Jr, Ph.D., Director of Industrial & Organizational Services, The Peerman Group
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- Kory May, Founder, Iowa Storytelling
- Ana McClain, Owner and Business Manager, Lion Bridge Brewing Company
- Darcie McGrath, Paranormal Researcher
- Gale Mote, Trainer and Organizational Development Consultant, Gale Mote Associates
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- Matthew Waddell, MATTtheHOMESELLER.com
- Sarah Young, Leadership Change Maker and Entrepreneur, Zing Collaborative

Sponsors for three or more years are listed in white.
REGISTRATION

Early bird registration deadline:
January 29, 2016

To register:
Online www.kirkwood.edu/rubies

By phone:
319-398-1022 or toll-free (Iowa only) 800-332-8833.

By mail:
Return the form to:
Kirkwood Continuing Education Registration,
6301 Kirkwood Blvd. SW, Cedar Rapids, IA 52404

Make checks payable to Kirkwood Community College. Be sure to indicate first, second and third choices for each of the concurrent sessions, as enrollment will be limited in each breakout. Breakout sessions will be assigned on a first-come basis. Keynote events are open to all conference participants. Return form by February 22, 2016. Remember, early bird rates end January 29, 2016!

Don’t wait in line!
Please go online, phone-in or send in your registration information, including workshop choices and payment, ten days or more in advance of the conference. We will mail your confirmation slip of breakout choices and name tag. Bring both with you to Beyond Rubies. Your registration will be completed as you arrive and hand in your ticket. All others will need to go to the Registration Desk to complete their registration.

PLEASE CIRCLE YOUR CHOICE

Fill out all alternate choices otherwise registration may be delayed.

Thursday, Session I
First Choice: 1 2 3 4 5 6 7
Second Choice: 1 2 3 4 5 6 7
Third Choice: 1 2 3 4 5 6 7

Thursday, Session II
First Choice: 8 9 10 11 12 13 14
Second Choice: 8 9 10 11 12 13 14
Third Choice: 8 9 10 11 12 13 14

Thursday, Session III
First Choice: 15 16 17 18 19 20 21
Second Choice: 15 16 17 18 19 20 21
Third Choice: 15 16 17 18 19 20 21

Friday, Session IV
First Choice: 22 23 24 25 26 27 28
Second Choice: 22 23 24 25 26 27 28
Third Choice: 22 23 24 25 26 27 28

Friday, Session V
First Choice: 29 30 31 32 33 34 35
Second Choice: 29 30 31 32 33 34 35
Third Choice: 29 30 31 32 33 34 35

Friday, Session VI
First Choice: 36 37 38 39 40 41 42
Second Choice: 36 37 38 39 40 41 42
Third Choice: 36 37 38 39 40 41 42

Special Needs:
If you have special needs or require a special diet, please call (319) 398-5549 to submit request. You may also submit online when making workshop choices. Special diet requests must be submitted by February 29, 2016.

Wheelchair access is available throughout the facility. While this conference features breakout sessions and programs of interest to women, it is open to all interested persons. Kirkwood Community College is a smoke-free campus. Smoking is not allowed in any of the campus facilities, on campus grounds or in parking areas.
YOUR REGISTRATION:

Name ____________________________________________________________

Address ____________________________________________________________________________________________________________

City ________________________________________________________________   State ___________   Zip ______________________________________

Email Address ____________________________________________________________________________________________________________

Phone (day) _______________________________________________   Phone (evening) ____________________________________________________

Date of Birth __________________________________________________________________________________________________________

Organization Name (for company registrations) ______________________________________________________________________________

Credit Card Number ____________________________________   Exp. Date  ____________________________________

Signature ______________________________________________________________________________________________

REGISTERING FOR:

Early Bird Registration Rates through January 29, 2016

_____ Thurs. & Fri. $159 (includes lunch both days) Section # CLPD-1000-77357

_____ Thurs. only $109 (includes lunch) Section # CLPD-1000-77358

_____ Fri. only $109 (includes lunch) Section # CLPD-1000-77360

Registration Rates after January 29, 2016

_____ Thurs. & Fri. $175 (includes lunch both days) Section # CLPD-1000-77357

_____ Thurs. only $125 (includes lunch) Section # CLPD-1000-77358

_____ Fri. only $125 (includes lunch) Section # CLPD-1000-77360

Enclosed: _________ registration(s) totaling $ ___________________________
Beyond Rubies Women’s Conference 2016
Thursday, March 3, 2016
7:30 a.m. - 8:30 a.m.  Registration/Vendors
8:30 a.m. - 9:45 a.m.  Breakout Series I
9:45 a.m. - 10:15 a.m.  Break/Vendors
10:15 a.m. - 11:30 a.m.  Breakout Series II
11:30 a.m. - 12:45 p.m.  Lunch/Vendors
12:45 p.m. - 2:15 p.m.  Keynote
2:15 p.m. - 2:45 p.m.  Break/Vendors
2:45 p.m. - 4:00 p.m.  Breakout Series III
4:00 p.m. - 5:00 p.m.  Wine & Cheese Event/Vendors

Friday, March 4, 2016
7:30 a.m. - 8:30 a.m.  Registration/Vendors
8:30 a.m. - 9:45 a.m.  Breakout Series IV
9:45 a.m. - 10:15 a.m.  Break/Vendors
10:15 a.m. - 11:30 a.m.  Breakout Series V
11:30 a.m. - 12:40 p.m.  Lunch/Vendors
12:40 p.m. - 12:45 p.m.  Door Prizes
12:45 p.m. - 2:15 p.m.  Keynote
2:15 p.m. - 2:45 p.m.  Break/Vendors
2:45 p.m. - 4:00 p.m.  Breakout Series VI

Be sure to visit the Beyond Rubies exhibition tables!

This was my first Beyond Rubies conference and it was great! Tons of great options to choose from when picking sessions, great keynotes, a wonderful experience overall! I hope to attend again!

Kirkwood Community College assumes no liability for accidents that occur while participating in Continuing Education classes and provides no funds to cover medical costs. Participants are reminded that participation is entirely voluntary and are strongly urged to have their own health insurance. It is understood that participation is voluntary and Kirkwood Community College is not responsible for injuries or accidents and all liability against them is waived.

Kirkwood Community College declares and affirms to its students, employees and to the public that it does not discriminate on the basis of sex, race, color, creed, religion, national origin, age, physical or mental ability, sexual orientation, gender, gender identity, physical attributes, veteran status, genetic information, socio-economic status, and actual or potential parental, family or marital status in its educational programs, activities, admission procedures or employment practices. The College affirms its commitment to comply with all applicable federal and state laws, regulations and orders. If you have questions or complaints related to compliance with this policy, please contact Michael Roberts, Executive Director of Human Resources at Kirkwood Community College, 313 Kirkwood Hall, 6301 Kirkwood Blvd., SW, Cedar Rapids, IA 52404, or by phone to (319) 398-5512, or email to michael.roberts@kirkwood.edu; or Vice President, Student Services, Jan Kruise, 110 Iowa Hall, at (319) 398-5564, or email to jan.kruise@kirkwood.edu; or Vice President, Academic Affairs, Bill Lamb, 100 Iowa Hall, at (319) 398-5509, or email to bill.lamb@kirkwood.edu; or the Director of the Office for Civil Rights, U.S. Department of Education, Citigroup Center, 500 W. Madison, Suite 1475, Chicago, IL 60606, phone number (312) 793-1500, fax (312) 793-1576.

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Continuing Education
Kirkwood Community College
6301 Kirkwood Blvd. SW
Cedar Rapids, Iowa 52404

THURSDAY, MARCH 3 & FRIDAY, MARCH 4, 2016

THE KIRKWOOD CENTER
KIRKWOOD COMMUNITY COLLEGE
CEDAR RAPIDS, IOWA

THURSDAY, MARCH 3
AMY DEE KRISTENSEN

FRIDAY, MARCH 4
KAY FRANCES

REGISTER AT
WWW.KIRKWOOD.EDU/RUBIES
EARLY BIRD REGISTRATION DEADLINE
JANUARY 29, 2016

beyond rubies
Women’s Conference