CULINARY TEAM BUILDING
AT NEWBO CITY MARKET

Grab your workplace team and come to an exciting venue for a uniquely energizing and motivating team building opportunity at the Kirkwood Culinary Kitchen at NewBo City Market!

The secret ingredients to a highly effective team are team members that can cooperate, communicate and think creatively. The Kirkwood Training & Outreach Services staff, along with our trained chefs, will work with your organization to create a program and menu that best meets your team building needs.

Your corporate training experience at the Kirkwood Culinary Kitchen at NewBo City Market will not only include delicious food, but will also benefit your workplace team back at the office by enhancing team member skills that are crucial to success. Key skills include:

- Enhancing communication
- Increasing creative thinking
- Leading change management
- Building teamwork and trust
- Increasing collaboration between team members
- Embracing conflict management
- Gaining accountability in the workplace
- Facilitating problem solving

Kirkwood Culinary Kitchen at NewBo City Market
1100 3rd Street SE, Cedar Rapids, Iowa

For additional information or to register, please contact a KTOS program director at 319-398-5623.

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Every training experience in the Kirkwood Culinary Kitchen at NewBo City Market is unique and catered for your team building needs. Unsure where to begin? Take a look at these six different pathways, our most common training starting points. Each pathway is completely customizable, built for the specific solutions and outcomes you desire.

ACCOUNTABILITY
- What is the link between engagement and accountability?
- What excuses are given for lack of accountability?
- How can your team become more accountable in the workplace?

CHANGE MANAGEMENT
- How does change impact productivity?
- How can your team move beyond resistance to change?

COMMUNICATION
- What does the changing workforce of today look like and what is the impact on communication?
- What are the key obstacles that influence the communication process?
- What are the benefits of listening and why is it so difficult?

CONFLICT MANAGEMENT
- What are the appropriate behaviors and responses when giving and receiving feedback?
- How do you plan and conduct a one-on-one feedback discussion?

PROBLEM SOLVING
- Why is lateral thinking so important in problem solving?
- What is the best organized process for solving a problem as a team?

TEAM BUILDING
- What does teaming mean in your organization?
- What are your expectations and responsibilities as a team member?
- How does your organization’s mission/vision/core values/guiding principles impact the team?
- How do you create an environment of ownership?
- How do you develop positive working relationships?

BUILD YOUR OWN MENU
Tell us what problems you’re facing in the workplace and we’ll build a training solution specifically for that need. Or just escape the office and rent the Kirkwood Culinary Kitchen at NewBo City Market for a culinary retreat. We’ll work with you to modify the entire experience to fit your corporate culture and needs.