

## Rules for 2009 Girl's Fast Pitch League

Youth ASA Rules with the following exceptions:

- ❖ 10U Eligibility rule: Players must conform to ASA age eligibility rules.
- ❖ 12U Eligibility rule: A team may have up to three 13U's. **No strong 13U pitchers.** Coaches will inform their opponent of 13U's involved.
- ❖ Time Limit options: 2 games, both 50 minutes in length.
- ❖ Game balls: Each team will provide a good optic yellow softball for each game.
- ❖ Home team:
  - A coin flip will decide the home team for the first game.
  - Visitor of first game will be home in second game.
- ❖ Warm-up pitches: 5 the first inning and 3 each inning after.
- ❖ Batting / Substitutes:
  - All batters begin with a 1-ball / 1-strike count.
  - A continuous batting order will be used with free substitution.
- ❖ Coaches Intervention
  - Coaches are encouraged to work with each other to make each game as competitive as possible. This is an instructional league, which the girls' progress and experience is most important.
- ❖ Player and Spectator Conduct:
  - **Negative comments or cheering will not be tolerated by fans, players or coaches.**
  - **No carry-in food or beverages are allowed, please inform your parents.**

**Only exception: Team water.**