JOHNSON COUNTY IOWA

-- A Great Place To Be --

Aging Without Limits!

A Directory of Activities, Classes & Life-Style Options For the Rapidly Growing Group of 21st Century Aged-50 & up Citizens of Johnson County, Iowa and the Surrounding Area

Published by the Johnson County Livable Community for Successful Aging Policy Board
John McCalley, Director of the Iowa Department on Aging, said "Many communities in Iowa are addressing the needs of seniors, but only in Johnson County, Iowa is a comprehensive approach being made."

Johnson County with its urban-rural mix offers the advantages of an urban area, along with the advantages of small towns and of rural land. Johnson County, Iowa is preparing for the maturing of America, the maturing of Iowa, the maturing of Johnson County, Iowa, where everyone can grow up and grow old with maximum independence, safety and well-being while finding many enjoyable things to do and experience.

The purpose of this directory is to better serve the 28,500+ aged 50 and up citizens in Johnson County Iowa, a rapidly growing segment of our population. This resource directory provides an instrument which will welcome and orient current and new community residents to the rich array of social, recreational and educational opportunities in our county via identifying Available, Accessible and Affordable Broad-based Social, Recreational and Educational Resources for Seniors in Johnson County, Iowa.

We offer thanks to the Johnson County Council of Governments and especially to JCCOG staff Intern Scott Evans for his work in reviewing and updating this THIRD edition of AGING WITHOUT LIMITS. We also thank the Johnson County Board of Supervisors, without whose encouragement and initial 2006 financial support this project would not have been possible and the members of the Johnson County AARP Chapter who put together the first printing of this book. Thanks also to AARP Iowa who likewise have provided support in printing the second edition.

The information in this book is subject to change. We encourage users to call to check on sites and times. This third edition is a community Outreach Program of the Johnson County Livable Community for Successful Aging Initiative.

Introduction by
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Livable Community for Successful Aging Policy Board
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First Printing: January 2006 -
Second printing: May 2006
Third Printing: May 2009

This printing supported by

The Johnson County Livable Community for Successful Aging Initiative
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What & Who: **ACTIVITIES**: **Amateur Radio Club**  
Location: Meets at Grand Wood Agency – 200 Holiday Rd. - Coralville  
Membership required? Yes  
Membership fees are $10 a year.  
Comments: Meets 2nd Wednesday @ month at 7:00 P.M. No age restriction.  
Contact person & position: Craig Fastenow-President  
Phone, E-mail or web site: (319) 338-1601 - icarc@icarc.org - www.icarc.org/  
Mailing Address: P.O. Box 4, Iowa City, IA 52244

What & Who: **ACTIVITIES**: **Aero hawks of Iowa City**  
Location: Meet 1st Tuesdays at Iowa City Rec. Center; fly at the IC Airport.  
Membership required? Visitors welcomed; membership $50 annual or $58 to be a member of the Model Aeronautics Association.  
Contact person & position: Dave Wright – Director; Joe Duffy-Vice President  
Phone, E-mail or web site: (319) 594-6465 www.iowacityaerohawks.com pduff76@gmail.com  
Mailing address: PO Box 25; Iowa City, IA. 52244

What & Who: **ACTIVITIES**: **Astronomy Club of Iowa City**  
Location: Meetings 2nd Mondays at 7 PM at Iowa City Public Library –  
123 S. Linn – Iowa City - Mailing address: PO Box 325 – Iowa City, IA 52244  
Membership? Visitors welcomed. Membership is $15 a year.  
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.  
Contact person & position: Dan Bastemeyer - director  
Phone, E-mail or web site: (319) 338-3618 info@icastronomy.org  
http://icastronomy.org

What & Who: **ACTIVITIES - CAR CLUBS**: **Classie Chassie Cruisers**  
Location: Meets monthly at Pizza Ranch-North Liberty.  
Mail address: 300 Windsor Drive, I. C.  
Membership required? $15 per year.  
Comments: Meets last Tuesday of each month. April-Sept. Crusies  
Contact person & position: Mark and Donna Heacock  
Phone, E-mail or web site: (H)(319) 354-5830 (W)331-6108 bopin505@mchsi.com  
www.clubs.hemmings.com/clubsites/cccruisers

What & Who: **ACTIVITIES – CAR CLUBS**: **Cruisematics**  
On bus? ?? Parking available nearby? Yes. Handicapped accessible? N/A  
Contact person & position: Daryl and Debbie Lewis  
Phone, E-mail or web site: (319) 351-8907
What & Who: ACTIVITIES: CAR CLUBS: Iowa Valley Region
Antique Automobile Club of America
Location: Meets 1st Tuesday at 7:30 PM at Antique Car Museum, Coralville.
Membership required? $20 annual. – Auto ownership not required.
Contact person & position: Jerry Nafziger
Phone, E-mail or web site: (319) 338-1288 gnasafziger1288@msn.com

What & Who: ACTIVITIES: Cards: Duplicate Bridge
Location/membership: Call for details.
Comments: Iowa City Duplicate Bridge--open for Social or Competitive Bridge-
Group’s function is to offer social, recreational, and competitive duplicate. One charity event a year.
Contact person & position: DUPLICATE BRIDGE: Bill Kent
Phone, E-mail or web site: (319) 337-5231 billkent@mchsi.com
(Many other varied card groups of all sorts exist all over Johnson County. These are in Community Centers, churches, American Legion, senior center, dining sites, Recreation Centers and in private homes. We have not attempted to list card groups here as it would be impossible to do them justice.) http://home.mchsi.com/~icbridge

What & Who: ACTIVITIES- COINS: Iowa City Camera Club
Location: 1st & 3rd Mondays at Iowa City Rec. Center – 220 Gilbert St. – I.C.
Membership required? $25 a year individual - $30 couple per year
Comments: Meets 1st & 3rd Mondays at 7 PM from Sept through 1st of June.
No meetings in summer. No age limits. The IC Camera Club is part of North Central Camera Council, which consists of 40 clubs in a ten state area.
Contact person & position: Cecil - President
Phone, E-mail or web site: (319) 624-2594 organtrail@hotmail.com

What & Who: ACTIVITIES- COINS: Old Capitol Coin Club
Location: 3rd Floor Cafeteria at V.A. Hospital in Iowa City.
Membership required? Optional; dues are $6 a year. Other fees? No
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Meets 2nd Tuesday of each month at 7 PM.
Contact person & position: Thomas D. Robertson – PO Box 3003 – IC -52244
Phone, E-mail or web site: (319)351-2512; tdrobertson1@juno.com

What & Who: ACTIVITIES- Hawkeye Model Railroad Club
Location: 860 Quarry Road – Coralville, IA 52241
Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Non-profit group whose purpose is to educate about railroading and model railroading. Had 1000 Sq. ft., an HO scale layout, can be viewed by visitors
Contact: Clark Cooper - E-mail: csc@mchsi.com

What & Who: ACTIVITIES: Iowa Cultural Corridor Alliance (ICCA)
Location: Johnson/Linn County area on-going activities & events
Membership required? (only if one wishes to list their events)
On bus? Varies; Parking: varies; Handicapped accessible: see individual venue
Comments: information & comprehensive listing of all upcoming events, activities and attractions that range from what's happening tomorrow...to what's happening six months from now. CulturalCorridor.org is provided by the Iowa Cultural Corridor Alliance whose 100+ members represent the spectrum of arts/culture organizations in the Amanas, Cedar Rapids, Iowa City/Coralville, Hiawatha, Marion, Mount Vernon, North Liberty, West Branch, West Liberty and beyond.
Contact person & position: Joe Jennison, Executive Director
Phone, E-Mail or Web Site: http://www.culturalcorridor.org; (800)650-ARTS; joe@culturalcorridor.org
Mail Address: ICCA, Eastern Iowa Airport, 2121 Arthur Collins Parkway, Suite 5, Cedar Rapids, IA 52404

What & Who: ACTIVITIES - PETS: Dog Obedience Club of Iowa City
Location: Business meetings in Johnson and Linn counties
Comments: Meetings held 1st of month 7:30 I.C./Cor. CVB
Contact person & position: Sue Ann Thompson - president
Phone, E-mail, web site: www.icdocwiki.org; (319)626-2622; peprhl@southslope.net

What & Who: ACTIVITIES - PETS: Hawkeye Kennel Club
Location: Meeting Site – Gentle Heart Pet Clinic – Hwy. 1 West.
Membership required? $20 entry fee, then $10 annual. Admission to the event is $2 per vehicle.
Comments: Main activity is to prepare for the annual dog show held at the Johnson County Fair Grounds each June. This event has been on-going for many years and has a national drawing. AKC sanctioned.
Contact person & position: Julia Chalmers.
Phone, web site: (319) 351-3562; www.hawkeyekennelclub.org

What & Who: ACTIVITIES – DOLLS: Old Capitol Doll Club
Location: Meeting locations vary. Call for details. (Cedar Rapids or Iowa City)
Membership dues? $36 to National Organization.
Comments: Meets 2nd Wednesday of the month in homes of the members. Limited
membership. Annual doll show in October.
Contact person & position: Larry Bailey – 1716 Baker Ave. –West Branch, 52358
Phone, web site: (319) 643-2441

What & Who: ACTIVITIES – Farmer’s Markets:
Coralville Farmer’s Market, Iowa City Farmer’s Market & Sycamore Mall Farmer’s Market.
Locations:
1513 7th St. in Coralville – Mon & Thurs – 5-8 pm -May-Sept. – (319) 248-1750
www.coralville.org
Iowa City: Sycamore Mall –1600 Sycamore St.; Tues 3-6:30 – May-Oct.
Contact, Phone, website: Candy Norris (319)338-7858 www.sycamoremall.com

What & Who: ACTIVITIES– SOCIAL-dining:
Coralville Elderberry Cafe
Location: Meets at Coralville United Methodist Church – 806 13th Ave. C’ville
Fees: Free will donation – suggested $2.75 for those 60 and above. Open to all.
Comments: Meets Tuesdays at noon. Dining and social time. Call for reservations to Senior Center Dining program – (319)356-5220
Phone, E-mail or web site: (319) 351-2446 (Church office ph.#/building service is in.)

What & Who: ACTIVITIES– SOCIAL-dining:
Iowa City Elderberry Cafe
Location: Iowa City/Johnson County Senior Center – 28 S. Linn St.-IC
Fees: Free will donation – suggested $3.00 for those 60 and above. Open to all.
Fixed charge for those under 60, $4.00.
Comments: Daily – reservations not required. – (319) 356-5220. Contractor is Elder Services of Johnson County.
Contact person & position: Tiffany Hogue
Phone, E-mail or web site: (319) 356-5412

What & Who: ACTIVITIES– SOCIAL-dining:
LONE TREE COMMUNITY CENTER
Location: Old Depot – Lone Tree.
Fees: Free will donation – suggested $3.00 for those 60 and above.
On bus? No; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Mon-Fri – reservations required. – (319)629-5144.
Contact person & position: Teri Mullnix– Director
Phone, E-mail or web site: (319)629-5144

What & Who: ACTIVITIES–SOCIAL-dining:
North Liberty Senior Luncheon
Location: North Liberty Rec. Center Community Room – North Liberty Rec. Center - 520 West Cherry St. – North Liberty, IA 52317
Fees: Free will donation. Age 60+ -$2.75; under 60 - $3.75.
Comments:  Dining and social time. Held each Friday at noon; Recreation Staff hosts every other week including structured social hour from 11 am-noon with bingo, speaker, games. Reservations must be made by 3:30 the day before.
Contact person & position: Shelly Simpson – Rec. Center Director
Phone, web site: (319)626-5716.  www.northlibertyiowa.org/rec

What & Who:  ACTIVITIES: SOCIAL – dining:
Solon Seniors Luncheon & Activities
Location:  Solon United Methodist Church, 122 N. West Street, Solon, IA 52333
Membership required?  No  Other fees?  Meal donation requested.
Comments:  Entertainment offerings include – Bingo Tue, Wed, Thur. in A.M. & Tue. Thur. in P.M.; trips to area attractions, other entertainment, music, etc. Also Aerobic exercises.
Contact person & position:  Larry Fredericks
Phone, E-mail or web site:  (319) 624-2251

What & Who:  ACTIVITIES: SOCIAL-dining:  Tiffin Senior Lunch
Location:  Grace United Methodist Church – 300 W. Marengo Road – Tiffin-52340
Membership required?  No  Fees:  Free will donation
Comments:  Meets third Monday of each month – September through May – at 12 noon. Dining and social time.
Contact person & position:  Pastor Bev Marshall-Goodell
Phone, E-mail or web site:  (319) 545-2281  revbev@southslope.net
www.tiffingraceumc.org

What & Who:  ACTIVITIES - SOCIAL:  Fifty Plus Singles
Location:  Meets Saturdays at 9:30 AM – Also go out to dinner monthly.
Membership required?  No membership fees.
Comments:  Age 50 and up.
Contact person & position:  Barbara at 319.354-7674 or Senior Center (356-5220) for details.  E-mail – barbaracoralville@hotmail.com

What & Who:  ACTIVITIES - SOCIAL:  Hills Town & Country
Location:  Hills Community Center – 110 Main St. E. - Hills, IA.
Comments:  Meets the 2nd Thursday of each month at the Community Center. The club is involved in many community activities such as sponsoring the Hills 4th of July Parade, Easter Egg Hunt, Hills Elementary Annual Essay Contest, weekly Bingo, etc.
Contact person & position:  All one has to do to join is to come to the Community Center on the 2nd Thursday between 6 & 7 pm and sign up!
Phone, E-mail or web site:  www.hills-ia.org Stacy Kron (319) 679-4000
**International Women’s Club**

*Location:* Meets at International Center Lounge and in private homes.

*Membership required?* $10 annual. English classes are an additional $10/semester.

*Other fees?* No

*On bus?* Yes; *Parking available nearby?* Yes; *Handicapped accessible?* Yes.

*Comments:* Scholarships Available. Childcare is free. Starts in March. Open to all interested women. This is a group of women from around the world who want to share activities that promote friendship and understanding. Activities include coffee groups, cooking groups, a craft group, English classes, excursions and special dinners. Car pooling arranged. Excellent opportunity for individuals to learn about other cultures and share information concerning your own beliefs and social form.

*Contact person & position:* Sheila Hayreh – Director or Kathy Fait

*Phone, E-mail or web site:* (319) 337-5760, (319) 643-7476, kathy-fait@uiowa.edu

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**Johnson County Fair**

*Location:* Johnson County Fairgrounds – Hwy 218 South – Iowa City.

*Fees?* Free entrance – fees for items priced to sell, such as lunches, rides, etc.

*On bus?* No; *Parking available nearby?* Free; *Handicapped accessible?* Yes.

*Comments:* A four-day annual event held in July with exhibits ranging from farm machinery to livestock, commercial exhibits, 4-H club competitions, judging events and a final livestock auction at the close.

*Contact person & position:* Laurie at (319)325-4049 – 4261 Oak Crest Hill Rd. SE-IC

*Phone, E-mail or web site:* (319) 337-5865, www.JohnsonCoFair.com, johnsoncofair@xwires.net

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**Newcomers**

*Location:* Meets at various sites, often in private homes.

*Membership required?* Restricted to those who have lived in the area 4-years or less.

*Membership fees?* $15 to $20 annual. Primarily Women, husbands attend events.

*On bus?* varies; *Parking available nearby?* Yes; *Handicapped accessible?* Varies.

*Comments:* An introduction to Iowa City and the surrounding area for those who have recently moved to the city/county. This is probably geared toward younger individuals. Newcomers is a part of the University Club.

*Contact person & position:* Jacquelyn Harb, Newcomers President

*Phone, E-mail or web site:* (319) 512-1166 - PO Box 1394 – Iowa City, IA 52244

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**Prime-Timers Club**

*(aka Coralville Senior Potluck)*

*Location:* Coralville Rec. Center – 1506 8th St. - Coralville

*(sometimes scheduled to meet at the NorthRidge Pavilion)* 3rd Monday of Month, noon-1:30pm

*Membership required?* No  *Other fees?* A free will donation is welcomed.

*On bus?* Yes; *Parking available nearby?* Free; *Handicapped accessible?* Yes.
Comments: Bring a friend and enjoy some good conversation and great food. Each third Monday all area seniors are invited to bring their favorite side dish and table setting for an old fashioned potluck. We provide the meat, drinks, and have special activities or guest speakers each time. Free will donation.
Contact person & position: Recreation Supervisor – (319) 248-1750
Phone, E-mail or web site: sproud@ci.coralville.ia.us  www.coralville.org

What & Who: ACTIVITIES - SOCIAL: Red Hat Chap – Hottie Red Hatters
Location: meet various locations – chapter is from Coralville
Membership required? Yes, but no membership fee. Other fees? Lunch
On bus? Varies; Parking available nearby? Yes; Handicapped accessible? Yes
Comments: The group is for age 50 & up women. Younger women may participate, but they are called “Pink Hatters” or “Raspberry Tarts”
Contact person & position: Pam Joab – alternate contact – Lean Horner
Phone, E-mail or web site: hottichats@hotmail.com Paula Paulie (319)325-1881

What & Who: ACTIVITIES - SOCIAL: Red Hat Chapter – Queen Bees Red Hat Society
Location: meets at various locations for social events, lunch & entertainment
Membership required? Yes. Other fees? Lunch or tickets on your own
On bus? Varies; Parking available nearby? Yes; Handicapped accessible? yes
Comments: Senior Women’s group. Closed to new members at this time
Contact person, position: Anna Murphy – chapter Queen
annaportermurphy@gmail.com Phone: (319)337-5600
Alternate: Darlene Nelson. E-Mail: ia-granny2003@yahoo.com

What & Who: ACTIVITIES - SOCIAL: Red Hat Chapter – Red Hat Divas
Location: Senior Center – 28 S. Linn Street – Iowa City, IA. 52240
Membership required? Other fees? : Senior center membership.
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments, Contact person & position: Organized 11/’03. All about having fun. Go out eat, movies, tea parties, wearing red hats & purple outfits, of course.
Jeri Brown –Chap. Queen jerilyn60@juno.com
Phone, E-mail or web site: work(319) 629-5333 home(319) 330-5223

What & Who: ACTIVITIES - SOCIAL: Red Hat Chapter – Red Foxes Red Hat Chapter
Location: varying locations for luncheons and entertainment. 2nd Thursday of month in different restaurants.
Membership required? Yes, $12 a year, but guests are welcome.
Other fees? Lunch on your own.
Comments: For women age 60 & up.
Contact person & position: Dolores Krotz – Chapter Queen
Phone, E-mail or web site: (319)338-5977 dbkrotz@hotmail.com

ACTIVITIES - SOCIAL: Senior Dining/
Congregate Meals/Home Delivered Meals
Location: Johnson County sites for Congregate meals includes locations in Iowa
City, Coralville, North Liberty, Solon, Tiffin and Lone Tree.
Membership required? No, any person of any age may participate.
Other fees? Fee for those 60 & under is $4.00; those over age 60 are asked to
contribute $3.00 towards the cost of their meal. (extra contributions are always
welcomed & these help keep the programs viable.)
Comments: For people of any age.
Contact: Heritage Area Agency on Aging for details or to volunteer to help.
Phone or web site: (319)398-5559 or 1-800-332-5934 – www.heritageaaa.org

ACTIVITIES: Thirsty, a/k/a
“The Iowa River Society of Talented Yeastmakers”.
Location: Meet 1st Tuesday at a member’s home and the 3rd Monday at Old
Capitol Brew Works and Public House at 525 S. Gilbert St. in Iowa City.
Membership required? $10 year.
Comments: Group is a member of the American Home Brewing Association
Contact person & position: Susan Walsh
Phone, web site, e-mail: president@thirstyhomebrew.org
www.thirstyhomebrew.org membership@thirstyhomebrew.org

ACTIVITIES - Toastmasters:
AFFIRMATIONISTS TOASTMASTERS
Location: W-401 Pappajohn Business Building – UI Campus
Membership required? Yes - $20 new member fee plus monthly pro-rated dues
(paid semi-annually). Returning members (Toastmaster before): $4.50 monthly
pro-rated (paid semi-annually)
Comments: Meet Mondays at 5:30 PM during the semester. Open and
available to all individuals 18 years of age and older. We have a policy of
non-discrimination as well.
Contact person & position: Julie Kim & Reginald Williams-Education
Phone, E-mail or web site: affirmationistsTM@gmail.com or ddwddick@yahoo.com
http://district19.us/affirmationists/
Toastmasters international website: www.toastmasters.org
What & Who: ACTIVITIES - Toastmasters: Old Capitol Toastmasters
Local Club of Toastmasters International
Location: Masonic Temple Building, lower level, 312 East College Street – I.C.
Membership required? Yes - $20 new member fee plus pro-rated member
dues of $27 every six months. Other fees? The Old Capitol Club also collects a $17
fee from every member each six months to pay for room rental.
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Meet each Tuesday at 5:45 PM to 6:45 PM
Contact person & position: Eric Roalson - President
Phone, E-mail or web site: (319) 337-0678 eroal@earthlink.net
club website: www.district19.us/oldcapitol/
Toastmasters international website: www.toastmasters.org

What & Who: ACTIVITIES - SOCIAL: University Club
Location: varying locations.
Membership required? $15 annual membership. (renewal after Oct. 1st =$20
Women of all ages who live in and around the Iowa City area are encouraged to
become involved in the University Club.
Comments: Founded in 1917, the University Club is a social and educational
organization for all women living in and around Iowa City. Although not
directly affiliated with the University of Iowa, the University Club has a long history
of promoting interactions among women interested in the University.
The club continues to have over 700 members. A yearbook, listing club
activities and member information, is published each year. The club’s
newsletter, the Clarion, is mailed to members four times a year. Monthly
luncheon meetings are scheduled at various locations in the area. Over 20
interest groups are offered for members, including Newcomers, which is limited to
members in their first four years of residency in this area.
Phone, E-mail or web site, Mailing address: PO Box 1394 – Iowa City, IA 52244-1394
uclub.iowa@gmail.com

What & Who: ACTIVITIES - SOCIAL: Whippoorwill
Location: varying locations – meet at members homes.
Membership required? $3 a year. Oldest Community Club in the County.
On bus? No; Parking available nearby? Yes.
Comments: Social club for women, usually women between ages 30 and 90.
Primarily a North Liberty group, but also other cities. Monthly meetings speakers,
entertainment and interaction among members. Whippoorwill Club is the oldest
community club in Johnson County; Established in 1902
Contact person & position: Call Lori Meyer for information
Phone, E-mail or web site: (319) 626-4706 lori.meyer1@usbank.com

What & Who: ACTIVITIES- community events: Uptown Bill’s Small Mall
Location: 401 S. Gilbert Street – Iowa City, IA.
Membership: **Open to the public.**

On bus? Yes; Parking available nearby? Street; Handicapped accessible? Yes.

Comments: Uptown Bills shops are owned by persons with disabilities. There are smoke and alcohol free events every weekend, an Open Mike on Fridays (8-11) concerts on Saturdays (usually start at 7PM) and a movie night on Sundays. There is also a wonderful bookstore, an antique (and not antique) shop, and a coffee shop. It is a great place to hang out, and many folks are 50 and over. Uptown Bil’s is sponsored by a private, non-profit organization, Extend the Dream Foundation and operates with volunteer commitment and community support.

Contact person & position: Dr. Tom Walz
Phone, E-mail or web site: (319) 339-0401 or 339-0804 - www.uptownbills.org - smallmall@uptownbills.org

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**What & Who:** **ACTIVITIES – VARIED:**

**Iowa City/Johnson County Senior Center**

Location: 28 South Linn Street – Iowa City, IA 52240

Membership required? Expanded benefits are available to members.

Fees: Membership fee depends on location of residence ($25-$60). Family and temporary memberships are available. Class fees may apply. Low-income scholarships are available for membership and class fees.

On bus? Yes Parking available nearby? Tower Place Parking Ramp Handicapped accessible? Yes

Comments: Exercise for your mind, body, and soul. The Center provides adults who are 50+ years of age with opportunities to participate in outstanding programs and services that promote wellness, community involvement, and personal growth. EXERCISE: Access a variety of aerobic and resistance training equipment, plus dozens of exercise classes. KNOWLEDGE: Take a class or attend a lecture to learn about literature, history, personal finance, health, and more. CREATIVITY: Join a musical group, art class, dance club; or produce your own show for Senior Center Television. COMMUNITY: Make new friends while you volunteer, play cards and Nintendo Wii, shoot pool, and much more! Some events open to the public at no charge. Meeting rooms available. Covered skywalk connects the Senior Center to the Tower Place Parking Ramp. Site of Senior Dining.

Contact persons & position: Linda Kopping, Coordinator: (319)356-5225; Michelle Buhman, Programs: (319)356-5222; Susan Rogusky, Volunteers: (319)356-5224
E-mail or web site: SrCenter@iowa-city.org www.icgov.org/senior

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**What & Who:** **ARTS & Crafts:** **Arts Iowa City Center & Gallery**

Location: 103 E. College St. – Iowa City

Membership required? Call for information, hours.


Comments: AIC is a nonprofit volunteer art center with monthly exhibits for local and regional artists. Performances, lectures, art workshops.

Phone, E-mail or web site: (319) 337-7447 artsic@avalon.net www.artsiowacity.com/
What & Who: **ARTS & Crafts: The Chait Galleries Downtown**
Location: **218 E. Washington Street – Iowa City**
Comments: Exhibits and retail gallery open to the public.
Contact person & position: Terri Miller Chait, Benjamin Chait - owners
Phone, E-mail or web site: (319)338-4442 - info@thegalleriesdowntown.com
www.thegalleriesdowntown.com

What & Who: **ARTS & Crafts: Dawn’s Hide & Bead Away**
Location: **220 E. Washington Street – Iowa City**
Comments: Classes and open studio available, exhibits and retail gallery
Phone, E-mail or web site: (319)338-1566

What & Who: **ARTS & Crafts: Iowa Arts Festival/Summer of the Arts**
Location: **Down town Iowa City area – during the summer – various activities**
Membership required? Free
On bus? Yes; Parking available nearby? Ramp/Street; Handicapped accessible? Yes.
Comments: Activities include: Iowa Arts Festival- annual June event held in downtown Iowa City showcasing area artists; Iowa City Jazz Festival; Free Movie Series and the Friday Night Concert Series.
Phone, E-mail or web site: (319)337-6592 or 337-7944 – www.summerofthearts.org

What & Who: **ARTS & Crafts -University Hospital : Project Art - U.I. Hospitals**
Location: **UI Hospitals & Clinics - All exhibits are located at University of Iowa Hospitals and Clinics. Please see website for details.**
Membership: All exhibits are free and open to the public.
Comments: Project Art conducts a wide range of art programs and services recognizing local, regional & nationally recognized artists. Included are permanent collections of over 3,900 original works and 2,200 reproductions, temporary exhibits in four locations of UIHC and performing arts events, featuring music, dance and theatre, Art Cart and Art Supplies for patients.
Contact person & position: Adrienne Drapin – Director, Proj. Art/Medical Museum
Phone, E-mail or web site: uihc-projectart@uiowa.edu (319 353-6417
www.uihealthcare.com/depts/projectart/index.htm

What & Who: **CRAFTS: Craft Guild of Iowa City**
Location: **815 Oakland Avenue – Iowa City, IA. 52240**
Membership required? Yes; Annual dues are $70 for regular members for September to September. Each family member may join for $35/person.
Other fees? Potters require a small lab and materials fee. Some classes may require
a material fee and/or small deposit to borrow equipment
Comments: In operation since 1939, the Craft Guild of Iowa City is a non-profit organization promoting interest in traditional crafts (pottery, glass arts, and fiber arts, including weaving, knitting, quilting, and spinning) and providing opportunity for creative development. Open to anyone over age 16. Membership entitles one to participate in any or all of the activities offered. Instruction offered. Annual Open House and Exhibit in September. Groups as listed below. Other groups may form as interest dictates. Various Groups-Knitting, Quilting, Spinning, Weaving, Beading, Pottery, Surface Design, and more. Groups: See below for additional information
Contact person & position: E-mail us or leave a phone message and you will be contacted. (319) 338-2151 icraftguild@gmail.com

Craft Guild of Iowa City - Knitting Group: meets 1st Wednesday at 1 PM
Craft Guild of Iowa City – Quilting: Meets the 4th Tuesday at 9:30 AM at a member’s home.
Craft Guild of Iowa City – Spinning group – meets the 3rd Tuesday at 7:30 – Build owns spinning wheels which members can borrow. Spinning and weaving groups host, with other Iowa Guilds, the semi-annual meeting of the Iowa Federation of Hand Weavers and Spinners.
Craft Guild of Iowa City – Weaving Group: Guilds owns an extensive collection of looms and weaving equipment, which members can borrow. W weaver’s workshop is usually offered in January. Spinning and weaving groups host, with other Iowa Guilds, the semi-annual meeting of the Iowa Federation of Hand Weavers & Spinners.
Craft Guild of Iowa City – Beading Group: Meets Mondays at 10:00 AM.
Craft Guild of Iowa City – Pottery Group: Meets the 3rd Monday at 7 PM.
Guild owns materials, kilns, etc.
Craft Guild of Iowa City- Daytime Crafters: Meets the 2nd Thursday of each month at 9:30 at a members house.

What & Who: CRAFTS: Quilting – Old Capitol Quilters Guild
Location: meets at Our Redeemer Lutheran Church – 2301 E. Court St. – Iowa City
Membership required? Membership dues are $20 per year
Comments: meets second Monday of each month. This non-profit has some 180 members from Iowa City & surrounding area.
Contact person & position: Membership chair
Old Capitol Quilters Guild – PO Box 8822 – Iowa City, IA. 52245-8825
Phone, E-mail or web site: www.ocqg.org Information – call (319)337-6177
What & Who: CONTINUING EDUCATION:  
**Johnson County Extension Division**

Location: 4265 Oak Crest Hill Rd, SE, Iowa City  

Comments: Health & Nutrition / Yard & Garden/ financial management and budgeting classes in multiple areas are available/Senior Living/Adult caregivers training & mentoring.

Contact person & position: Gene Mohling, County Extension Education Director  
Phone, web site: (319) 337-2145; mohling@iastate.edu; www.extension.iastate.edu/johnson

What & Who: CONTINUING EDUCATION:  
**Kirkwood Community College for Continuing Education**

Location: 1816 Lower Muscatine Road – Iowa City.  
Tuition fees? Tuition fees apply. Occasionally there are materials fees.

On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.

Comments: Free catalog: To order a free catalog electronically, go to http://www.kirkwood.edu/site/index.php?p=710  
Contact person & position: Director  
Phone, web site: To Register Call: 1-800-332-8833 www.kirkwood.edu/ce

What & Who: CONTINUING EDUCATION-HEALTH EDUCATION  
**Mercy Seniors Unlimited**

Location: Mercy Hospital – 500 E. Market St., Iowa City and other sites in Johnson County, as needed.

Membership: Free to those aged 55 and older; open to men and women age 55 +.


Comments: Health and wellness activities, programs, lectures and basic screenings for individuals aged 55+. This is a health information service sponsored by Mercy Hospital of Iowa City. Excellent way for seniors to get some basic medical screening at low or no cost.

Contact person & position: Joni Werle – Program Manager  
Phone, web site: (319) 339-3658

What & Who: CONTINUING EDUCATION: **New Pioneer Coop**  
Classes: “What’s Cooking at the Co-op?”

Location: 1101 2nd Street – Coralville, IA – Washington & Van Buren, Iowa City  
Membership required? Optional  
Other fees? Fees charged for classes  

Comments: Classes offered in cooking/foods.  
Phone, E-mail or web site: (319) 338-9441  
General information - www.NewPi.com – (319)358-5513 or (319)338-9441
What & Who: CONTINUING EDUCATION: **Osher Lifelong Learning Institute at the University of Iowa** ("OLLI at IOWA")

Location: 2159 Westlawn - University of Iowa campus, Iowa City

Membership required? Optional Membership and tuition fees apply. Occasionally there are materials fees.


Comments: The Osher Lifelong Learning Institute at The University of Iowa (OLLI at Iowa) is a program of the UI Center on Aging and part of a national network of lifelong learning institutes funded by the Bernard Osher Foundation ([www.osherfoundation.org](http://www.osherfoundation.org)). The program combines innovative learning opportunities and civic engagement with a dynamic community of peers age 50 and better. OLLI at Iowa offers one to eight week courses in the winter/spring and fall/winter, as well as a summer lunch & learn series, workshops, trips and more!

Program information, phone, E-mail or web site: (319) 384-4222 – Julie-bobitt@uiowa.edu, program director - or Linsey Abbott – 319.384-4221 for current brochure or newsletter. [www.olliaiowa.org](http://www.olliaiowa.org)

What & Who: CONTINUING EDUCATION: **UI Senior College**

Location: Class locations in the IC area vary – usually in UI classrooms

Membership required? No Other fees? Class tuition is $30 for each class.


Comments: Classes meet weekly for two hours per week for four weeks.

Contact person & position: Peggy Houston; Committee Chairperson-(319 351-1438 Phone, E-mail or web site: c/o I of Iowa Alumni Association - 1 Levitt Center - Iowa City, IA 52242-1797 - 1-800-469-2586 or (319) 335-3294. [www.iowalum.com/srcollege/](http://www.iowalum.com/srcollege/)

What & Who: **DANCE: Arts Ala Carte**

Location: 408 1st Ave., Coralville, IA 52241 (Next to Brueggers Bagels)

Membership required? Other fees? Check web or call for information

On bus? Yes; Handicapped accessible? Yes.

Comments: Dance movement/Arts organization - Classes in various performing arts available with qualified instructors. Special events/weekends.

Contact person & position: Carol Johnk- Executive Director

Phone, E-mail-web site:(319)337-3989 [www.artsalacarteic.org](http://www.artsalacarteic.org) artsalacarte@gmail.com

What & Who: **DANCE: Salsa Break**

Location: Arts Ala Carte – 408 1st Ave, Coralville, IA 52241

Other fees? $4.00

On bus? Yes; Parking available nearby? 2 blocks; Handicapped accessible? Yes.

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Comments: Saturdays 7-9pm for Interm./Adv. & 8-9pm for Beginners
Contact person & position: Kamdrak9@hotmail.com (319)530-3201
http://groups.yahoo.com/group/SalsaBreak

What & Who: **DANCE: Country Dancers of Iowa City**
Location: Eagle’s Lodge – Highway 1 SW
Membership required? Open to the Public
Other fees? $5.00
Comments: Meets each Thursday at 7 PM. Open to the Public. Lesson at 7:30 PM
Contact person & position: George Hospodarsky
Phone, E-mail or web site: (319)339-8317
President: Shirley Flansburg (H) (319)624-2687 (W) (319) 338-7551

What & Who: **DANCE: Ponderosa Ballroom**
Location: 195 1st St. S. – Walford, IA 52351
Other fees? Contact for further information
On bus? No; Parking available nearby? Free; Handicapped accessible?
Comments: Call or log on to the web site for dance information and lessons.
Contact person & position: Connie and Paul Louis – owners
Phone, E-mail or web site: (319) 396-4347 http://www.ponderosasballroom.com
Mail Address: P.O. Box 121, Walford, IA 52351

What & Who: **DANCE: Dance-Mor Ballroom**
Location: 77 2nd Street SE - Swisher, IA.
Other fees? Cover charge applies. $6.00
On bus? No; Parking available nearby? Free; Handicapped accessible?
Comments: Dances are on Fridays and Saturdays. There is usually a younger group of dancers present on Saturday night. Friday nights used to be Family Night.
Contact person & position:
Phone, E-mail or web site: (319)857-4205 www.iowadance.com/dancemor.html

What & Who: **FITNESS: Arthritis Foundation Aquatic Program**
“STRETCHING IT A LITTLE”
Location: Mercer Park Aquatic Center -2701 Bradford Drive – Iowa City
Meets M-F at 8 AM and at 11 AM. ***Also Meets at Robert A. Lee Rec. Center & Pool 220 S. Gilbert Mon. & Wed. 5:30pm
Membership required? No Other fees? Pool Entry Fee
Comments: Leaders encourage a fun, friendly and supportive atmosphere.
Heated pool. Certified leaders.
Contact person & phone: Pat – (319) 679-3544; Ellen – (319) 341-3521;
Stan – (319) 354-2952 – Mercer Center – 356-5109
What & Who: **FITNESS: HIKING/Volkssporting – Hawkeye Hikers**  
Contact person & phone: **Cathy Johnson** (319) 337-5989.  
The contact person for the two year-round walks in Iowa City starting at the Sheraton Hotel. Other Walks in Amana, West Branch, and Mt. Vernon  
Contact: **Beverly Prem** (319)338-2071, bjwprem@juno.com.

What & Who: **FITNESS: Iowa City Rec. Center & Mercer Aquatic**  
Location: City of Iowa City Recreation Division – Robert A. Lee Community Recreation Center – 220 S. Gilbert St. – Iowa City and Scanlon Gymnasium/Mercer Aquatic Center at 2701 Bradford Drive – Iowa City  
Membership required? **No**  
Other fees? Fees apply for some classes and activities.  
Pool fee. (Some fees for classes are minimally higher for those living outside I C.)  
On bus? **Yes**; Handicapped accessible? **Yes**.  
Parking available nearby? **Metered & ramp at Gilbert Street facility**; Free Parking on Bradford Drive.  
Comments: Full range of pool activities, art & crafts classes, weight room and dance classes, adult sports and fitness including Senior Strength and Flexibility * $50 per 8 week course) and Arthritis Foundation Aquatic Program ($2.75 per class) Senior Swim offered Mon-Friday from 9-10. (Fees apply.) Heated pools at both sites.  
Senior Citizens club (no fee) offers cards, lunches, etc. Meeting rooms available.  
Contact person & position: **Joyce Carroll**  
Phone, E-mail or web site: (319) 356-5100 www.icgov.org/pr

What & Who: **FITNESS: North Liberty Recreation Center**  
Location: **520 West Cherry St. – North Liberty, IA**  
Membership required? **No**  
Other fees? Fees for some activities, i.e., pool, swimming, classes, machines use.  
On bus? **No**  
Parking available nearby? **Free**; Handicapped accessible? **Yes**  
Comments: indoor walking track and gym. Registration required. Fees apply.  
Indoor and outdoor swimming. Heated pool. Senior dining and entertainment.  
Many good & varied exercise & weight machines machines. Special rates for seniors. Inquire of staff. Meeting rooms available.  
Contact person & position: **Shelly Simpson - Director**  
Phone, E-mail or web site: (319)626-5616. www.northlibertyiowa.org/rec

What & Who: **FITNESS: U.I. Recreational Services**  
Location: **University of Iowa Fieldhouse, UI Campus, Iowa City, IA**  
Membership required? **No**  
On bus? **No**  
Parking available nearby? **Ramp**; Handicapped accessible? **Yes**  
Comments: UI Rec. Services has fitness programs, aerobics, weight training, swimming, cycling, racquet-ball, tennis, yoga available for fitness/wellness. There are a variety of user fees for these programs ranging from drop-in up to semester
What and Who? **FITNESS: Tiffin-Senior Exercise**
Activities-Fitness:  Tiffin Senior Exercise  
Location:  Grace United Methodist Church – 300 W. Marengo Road – Tiffin-52340  
Membership required? No  Fees: none  
Comments: Meets every Tuesday from 1-2 PM. Stretching and resistance training designed for seniors.  
Contact person & position: Pastor Bev Marshall-Goodell  
Phone, E-mail or web site: (319) 545-2281  revbev@southslope.net  
www.tiffingraceumc.org

What & Who: **FITNESS: Ananda Marga Yoga Society**  
Location: Various meeting places; contact at 2721-D Muscatine Ave. Iowa City  
Membership required? No cost except for occasional 6-week yoga classes. Instruction on meditation available as well.  
Comments: Yoga instruction can be tailored to needs of senior citizens.  
Contact person & position: Andy Douglas  
Phone, E-mail or web site: (319) 358-0828  andrew-douglas@uiowa.edu

What & Who: **GARDENING Classes: Iowa City Landscaping & Garden C.**  
Location: 520 Hwy 1 West – Iowa City  
Membership required? Enroll in class; fee based (minor fee)  
On bus? Yes;  Parking available nearby? Yes.  
Comments: Offers periodic classes on general gardening and landscaping.  
Contact person & position: Chuck Porto  
Phone, E-mail or web site: (319) 337-8351;  cporto@iowacitylandscaping.net  
www.iowacitylandscaping.com

What & Who: **GARDENING: Four Seasons Garden Club**  
Location: Monthly meetings at member’s homes; some out of state trips.  
Membership required? NA  
On bus? Varies;  Parking available nearby? Handicapped accessible?  
Comments: for those with an interest in gardening  
Contact person & position: Janice Hining  
Phone, E-mail or web site: (319) 351-6304

What & Who: **GARDENING: Master Gardeners: Gardening at Public Sites**  
Location: Johnson County Extension Office – 4265 Oak Crest Hill Road – IC  
Membership required? Yes  Other fees? Classes required; tuition $175. (see below)  
(The $175 is for one time tuition and a 50% scholarship is available.)
On bus? Varies; Parking available nearby? Yes; Handicapped accessible? Partially
Comments: Requirements include 40 hours classroom training & 40 hours of
volunteering at sites the first year; Thereafter, 12 hours volunteering and 6 hours
re-trainings are required. Apply by application. Sept./October training.
Contact person & position: Barbara Schintler –
Phone, E-mail or web site: – Extension OFFICE: (319)337-2146 (Mon-Fri 8-5pm)
- Home: (319)351-1574

What & Who: **GARDENING: Project Green**
Location: Work sessions held at various locations. 410 E. Washington
Membership required? No Membership fee. Other fees? No
On bus? Varies; Parking available nearby? Varies; Handicapped accessible? Varies
Comments: Purpose – to promote & improve environment in greater Iowa City
area; raise funds to landscape in the Iowa City area; open to all ages
Contact person & position: Cindy Parsons
Phone, E-mail, web site: (319)338-3975 cparsons@icialaw.com
www.projectgreen.org/

What & Who: **HISTORICAL: Friends of Historic Preservation**
Location: (Mailing address): PO Box 2001 – Iowa City, IA. 52244-2001
Membership required? Membership is $25 annually
Comments: Activities- From time to time Friends announces salvages of older homes
and buildings to members of the organization. Members participating help provide
reusable building material for the Salvage Barn & for their own restoration
projects. The Salvage Barn is open the 1st and 3rd Saturday of each month & is
located at the Iowa City landfill. (take Melrose Avenue west to Hebl Ave, turn left.)
Other projects include the annual Historic Preservation Awards, advocacy,
educational programs and house restorations. Friends is for those interested in
preservation, Do-It-Yourselfers and those with an active interest in the community.
Volunteers are welcome.
Phone, E-mail, web: (319)351-1875 www.ic-fhp.org salvagebarn@ic-fhp.org

Location: Meets last Sat. of month – 9:30 AM at LDS Church
Membership required? Varies with type of membership and electronic status
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Record resources available in the County at libraries, Historical
Societies, etc. Classes available at Kirkwood, Senior Center, Public Library.
Contact person & position: Char Hixon - Iowa City Genealogy Society – PO Box 822
– Iowa City, IA 52244-0822
Phone, E-mail or web site: (319)338-3456 charhixon@mchsi.com

What & Who: **HISTORICAL: Mormon Handcart Site**
Location: West of Mormon Trek Blvd & North of Melrose near UI housing
complex. Park area and Trail.
<table>
<thead>
<tr>
<th><strong>What &amp; Who</strong></th>
<th><strong>HISTORY:</strong> STATE HISTORICAL SOCIETY/ IOWA</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Location:</strong></td>
<td>402 Iowa Ave - Iowa City IA 52240-1806</td>
</tr>
<tr>
<td><strong>Membership required?:</strong></td>
<td>Optional</td>
</tr>
<tr>
<td><strong>On bus?:</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Parking available nearby?:</strong></td>
<td>Street</td>
</tr>
<tr>
<td><strong>Handicapped accessible?:</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Source of historical information on old newspapers, old Iowa census, old Federal census, Iowa Plat maps, Civil War rooster.</td>
</tr>
<tr>
<td><strong>Contact:</strong></td>
<td>Call CVG at (319) 337-6592</td>
</tr>
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<thead>
<tr>
<th><strong>What &amp; Who:</strong></th>
<th><strong>MUSEUM:</strong> Antique Car Museum of Iowa</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Location:</strong></td>
<td>860 Quarry Road in Coralville – across from the new Marriott Hotel &amp; Conference Center.</td>
</tr>
<tr>
<td><strong>On bus?:</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Parking available nearby?:</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Handicapped accessible?:</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Museum Hours: Tuesday through Saturday - 10:00-5:00 Sunday - 12:00-5:00. The Antique Car Museum of Iowa is a 501 c 3 nonprofit committed to the preservation of antique automobiles and their history. The museum opened in the fall of 2006 and showcases 70+ automobiles as well as a replica Skelly gas station, and a model train exhibit operated by the Hawkeye Model Railroad Club. We operate solely on the generosity of our donors and visitors, rather than charging an admission we have a suggested donation of $2.</td>
</tr>
<tr>
<td><strong>Contact:</strong></td>
<td>(319) 354-3310 E-mail: <a href="mailto:info@antiquecarmuseumofiowa.org">info@antiquecarmuseumofiowa.org</a></td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>What &amp; Who:</strong></th>
<th><strong>MUSEUM:</strong> Coralville Schoolhouse Museum</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Location:</strong></td>
<td>310 5th St. – Coralville, IA 52241</td>
</tr>
<tr>
<td><strong>Membership required?:</strong></td>
<td>Free (restored 1876 school house)</td>
</tr>
<tr>
<td><strong>On bus?:</strong></td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Parking available nearby?:</strong></td>
<td>Free</td>
</tr>
<tr>
<td><strong>Handicapped accessible?:</strong></td>
<td>No</td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Model Railroad enthusiasts room in the building.</td>
</tr>
<tr>
<td><strong>Contact:</strong></td>
<td>Margaret Wieting, Director</td>
</tr>
<tr>
<td><strong>Phone, E-mail/web site:</strong></td>
<td>(319)351-5738- <a href="http://www.jchsiowa.org">www.jchsiowa.org</a> <a href="mailto:-johctyhistscty@yahoo.com">-johctyhistscty@yahoo.com</a></td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>What &amp; Who:</strong></th>
<th><strong>MUSEUM:</strong> Coralville Lake &amp; Devonian Fossil Gorge</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Location:</strong></td>
<td>2850 Prairie Du Chein Rd NE – Iowa City</td>
</tr>
<tr>
<td><strong>Membership required?:</strong></td>
<td>Free – dawn to dusk</td>
</tr>
<tr>
<td><strong>On bus?:</strong></td>
<td>no</td>
</tr>
<tr>
<td><strong>Parking available nearby?:</strong></td>
<td>Free</td>
</tr>
<tr>
<td><strong>Handicapped accessible?:</strong></td>
<td>No</td>
</tr>
<tr>
<td><strong>Comments:</strong></td>
<td>Arrived 375 million years ago – and you can see it today. Visitors can walk over acres of Devonian Age sea floor (made visible by erosion from 1993 flood) and get a firsthand look at fossils normally hidden from view. Visitors Center.</td>
</tr>
<tr>
<td><strong>Phone, E-mail or web site:</strong></td>
<td>(319)338-3543, Ext. 6300 - <a href="http://www.coralvillelake.org">www.coralvillelake.org</a></td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th><strong>What &amp; Who:</strong></th>
<th>Herbert Hoover Presidential Library</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Location:</strong></td>
<td>210 Parkside Drive – West Branch, IA.</td>
</tr>
<tr>
<td><strong>Other fees?:</strong></td>
<td>$2.50 admission to museum. Senior rates available. ($3.00 62+)</td>
</tr>
</tbody>
</table>
Comments: Library, Museum – changing exhibits, grounds, park, cemetery, visitor center. Administered by the National Park Service. Fee for museum. Other/free.
Phone, E-mail/web site: (319)643-5301 - http://hoover.archives.gov
hoover.library@nara.gov

What & Who: MUSEUM: Iowa Children’s Museum
Location: 1451 Coral Ridge Avenue - Coralville, IA.
Membership required? Optional.
Other fees? $6.00 admission - $5 for Seniors.
Contact person & position: Fran Jensen - Director of Development & Marketing
Phone, E-mail or web site: (319) 625-6255 www.theicm.org askicm@theicm.org

What & Who: MUSEUM: Johnson County Historical Society Museum
Location: 860 Quarry Rd. – Coralville
Membership required? $25 single; $35 family.
Contact person & position: Shaner Magalhaes – Executive Director
Comment: In the Iowa River Landing Area – near the new Marriott Hotel. Tue-Sat 10-5; Sun. Noon-5. Donations welcome to help support the museum
Phone, E-mail or web site: (319)351-5738 (319) 351-5310 fax mwietsing@aol.com, www.jchsiowa.org question@johnsoncountyhistory.org
Mailing address: PO Box 5081 - Coralville, IA. 52241-5081

What & Who: MUSEUM: Lone Tree Museum
Location: 203 S. DeVoe Street - Lone Tree, IA.
On bus? No; Parking available nearby? Free; Handicapped accessible? Partially
Comments: The Museum is open Saturday & Sunday from 1 to 4 P.M. May-Sept. or by appointment. Two story home features country kitchen, country store, barbershop, antiques and farm equipment. Handmade miniature 1900’s farm scene created by Reid Ford. First floor accessible to persons with disabilities.
Contact persons: Ron Krueger
Phone, E-mail or web site: (319)356-6542 kdkrueg@mchsi.com

What & Who: MUSEUM: Museum of Natural History
Location: McBride Hall, corner of Clinton & Jefferson Street, Located on the Pentacrest of the UI campus
Membership required? Free
On bus? Yes; Parking available nearby? 2 blocks; Handicapped accessible? Yes
Comments: free tours available – museum was 1st established in 1858. Three major galleries focus on natural science and natural history of Iowa and the Midwest.
Phone, web site: (319)335-0480 mus-nat-hist@uiowa.edu www.uiowa.edu/~nathist
What & Who: MUSEUM: **Old Capitol Museum**  
Location: Located on the Pentacrest of the UI campus – 21 Old Capitol, I.City  
On bus? Yes; Parking available nearby? 2 blocks; Handicapped accessible? Yes  
Comments: National Historic Landmark restored to reflect the years it served as the last capitol of the Iowa Territory (1842-1846) and the University of Iowa’s first building. Changing exhibition galleries reflect Iowa’s history, culture and heritage. Docent led tours available. Gift shop.  
Phone, E-mail or web site: Please call 319-335-0548, or visit our web site at www.uiowa.edu/~oldcap

What & Who: MUSEUMS: **Plum Grove Historic Home**  
of Gov. Robert Lucas – 1st Governor of Iowa  
Location: 1030 Carroll St. – Iowa City, IA. 52240  
Membership required? No - Free  
Comments: Home of Iowa’s first territorial governor, Robert Lucas and his wife, Friendly. The seven-room Greek Revival house was constructed with local red brick and has been restores with pieces representative of the 1844-53 period. Open from Memorial Day through October 31st Wednesday – Sunday from 1 to 5 P.M. Docents lead tours through the house.  
Contact person & position: Leigh Ann Jero - Johnson County Historical Society  
Phone, E-mail or web site: (319) 351-5738  
www.iowahistory.org/historic-sites/plum-grove/

What & Who: MUSEUMS- Sports: **UI Athletics Hall of Fame**  
Location: Melrose Avenue and Mormon Trek Boulevard- Iowa City, IA 52242  
M.-Fri. 11-6, Sat. 10-6, Sunday Noon-5pm  
Enter fees: Adults, $4 - Students and seniors, $3 Children 12 & under free  
Comments: The ultimate fantasy of a fan of the Iowa Hawkeye: Photos, biographies, interactive displays, Nile Kinnick’s Heisman Trophy…and more. Three floors of black-and-gold memories, the UI Athletics Hall of Fame is a must-see destination for all friends and fans of the intercollegiate athletics program at the University of Iowa. Interactive exhibits and audio clips. Meeting and reception facilities, group tours.  
Phone/ web site: 1-866 IOWA FAME - (319) 384-1031 www.hawkeyesports.com  
halloffame@hawkeyesports.com

What & Who: MUSEUM-Medical: **U.I. Medical Museum**  
Location: University of Iowa Hospitals and Clinics – located in the Patient and Visitor Activities Center – 8th Floor, John W. Colloton Pavilion. (Elevator F).  
Membership required? No – Free. & open to the public M-Fri (8am-5pm) Sat-Sun. (1-4pm) ****CLOSED DUE TO FLOODING UNTIL FURTHER NOTICE*****  
Comments: The UI Medical Museum serves as an educational resource focusing on the progress of medicine and patient care and emphasizing the major role of University of Iowa Hospitals and Clinics in these advance. The study of health in Iowa illustrates the history of medicine and the health sciences. Through rotating and traveling exhibits of photographs, artifacts, and "hands-on" activities, visitors can view the advances in patient care from the time of the ancients to the present day. The Museum also sponsors periodic lectures and discussions open to the general public on topics related to current exhibitions, on the history of health care, and on medical and ethical issues.

Contact person & position: Adrienne Drapkin - Director, Project Art/Medical Museum - University of Iowa Hospitals and Clinics  Adrienne-drapkin@uiowa.edu
Phone, E-mail or web site:  (319) 356-7106  www.uihealthcare.com/medmuseum

What & Who: MUSEUM: University of Iowa Museum of Art
Location: 150 N. Riverside Drive – Iowa City – 52242-1789

CALL FOR INFORMATION:
THIS HAS MUSEUM HAS BEEN AFFECTED BY MAJOR FLOOD DAMAGE

Membership required? Available. Required to be a Museum Docent.
Comments: free tours exhibits  In the 1960’s, Owen & Leone Elliott offered to give their art collection to the U of Iowa if a museum were built to house it along with the small art collection the University already had. Over 2000 people from across Iowa donated to the building campaign. The original building opened in 1969. In 1976, a major addition was made, funded by Roy carver, of Muscatine, Iowa. Beginning in 1979, C. Maxwell & Elizabeth Stanley donated over 600 outstanding works of African art to the Museum. Today, the UIMA houses over 12,000 works of art, including major collections of European and American Art. It has one of the country’s most important collections of African art. Visitors can also view traveling exhibitions and selections from the museum’s permanent collections.
Volunteers: yes; Museum Docents require training including attending weekly lectures Sept. through May.
Contact person & position: Dale Fisher – Director of Education -(319)335-1730 dale-fisher@uiowa.edu
Phone, E-mail/web site:  (319)335-1727 – uima@uiowa.edu; www.uiowa.edu/uima/

What & Who: MUSIC: Drum Circle of Widernet Project
Location: Meets at Unitarian Universalist Society- 10 S. Gilbert St. – Iowa City.
Membership required? Open to all
On bus? Yes  Handicapped accessible? Yes  Comments: Open to all
Contact person & position: Cliff Missen –Director Widernet Project
Phone, E-mail or web site: cliff@yahoodrummers.com davey@yahoodrummers.com carol@yahoodrummers.com www.yahoodrummeres.com
What & Who: **MUSIC - BAND: Iowa City Community Band**
Location: Rehearses at West High – 2901 Melrose Ave., Iowa City-52246
performs at various locations in the community
Membership required? **Open to all**  Other fees? **No**
On bus? **Yes**; Parking available nearby? **Yes**; Handicapped accessible? **Partially**
Comments: **Open to all ages.**
Contact person/ position: Bob Brady, Director
Phone, E-mail or web site: (319) 351-1256; iccommband@aol.com

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What & Who: **MUSIC- BAND: The Iowa City New Horizons Band**
(three levels of expertise available)
Location: Rehearses at 28 S. Linn Street – Iowa City - 52240
Membership required? Membership in the Senior Center required in order to participate in the main New Horizons Concert band.
Other fees? Band Tuition Fees are $65 for Spring & Fall semesters; $30 for Summer; Beginner/Intermediate Linn St. Band fees are $35.00 for each Spring & Summer semester with no Senior Center membership required for the latter.
On bus? **Yes**; Parking available nearby? **Ramp**; Handicapped accessible? **Yes**.
Comments: Three levels of expertise available to suit individual abilities-- New Horizons Concert Band meets Tues/Thurs mornings; (Open to persons aged 50 and up) Intermediate and Beginner’s Linn. St. band meets Monday evenings w/ no age minimum. Performances are at various locations.
Contact person & position: Dr. Don Coffman, U of I Music Ed. – Lindquist Center
Phone, E-mail or web site: (319)335-3026; don-coffman@uiowa.edu

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What & Who: **MUSIC - BAND: U of I All-State Music Camp, Adult Band.**
Location: Meets annually in June (next June 11-16, 2006) at Voxman Music Bldg, 300 N. Riverside Dr. – UI – Iowa City. Parking nearby; Handicapped accessible.
Tuition Fee: **$190**
Comments: Week-long intensive program of large and small group rehearsals and music classes culminating in a performance at the end of the week. Register through UI Dept. of Bands. ***No 2009 Program b/c of Flooding***
Contact persons & position, phone, etc.: Rita Schmidt, ASMC Secretary (319)335-1635) rita-schmidt@uiowa.edu or Don Coffman, Adult Band Director 335-3026 don-coffman@uiowa.edu Web site: http://www.uiowa.edu/~bands/asmc/index.html

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What & Who: **MUSIC - BAND: U of Iowa Alumni Band**
Location: Performs at UI Homecoming time.
Contact person & position: Visit the Hawkeye Marching Band Home Page
Phone, E-mail or web site: **Phone: 319/335-3294 or Toll Free: 800/469-2586 Alumni-reunions@uiowa.edu or www.iowalum.com/band/**
Mailing address: UI Alumni Association –100 Levitt Center – Iowa City, IA 52242

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What & Who: **MUSIC –DANCE - THEATRE:**

**U of Iowa Division of Performing Arts**

Location: Performance venues on the University of Iowa campus at various locations. See Calendar of events.

Fees: Admission fees range free to special senior rates for music, theatre and dance programs.

On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.

Comments: The Division of Performing Arts includes Arts Share, the Dept. of Dance, School of Music, and Dept. of Theatre Arts. They present an extensive schedule of dance productions, recitals, concerts, and main-stage and gallery theatre productions. Special reduced admission rates are available for seniors. Some programs are free.

Phone, E-mail or web site: [www.uiowa.edu/~dpa/about.htm](http://www.uiowa.edu/~dpa/about.htm)

A current calendar of events is at: [www.uiowa.edu/artsiowa/](http://www.uiowa.edu/artsiowa/)

What & Who: **MUSIC- ORCHESTRA:**

**Iowa City Community String Orchestra**

Location: Meets at various locations, currently Preucil School of Music at 2916 Northgate Drive – Iowa City, IA.

Membership required? $40 per semester.

On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.

Comments: Purpose: non-professional enjoyment of music. Formed 29 yrs. Ago. Performances are at various locations.

Contact person/position: Carey Bostian – Director –

Phone, E-mail or web site: (319)338-0307

What & Who: **MUSIC- Keyboard:** **Early Keyboard Society of Iowa City**

Location: Meets bi-monthly; call for details.

Membership required? $20 membership (students are $10.)

On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.

Comments: Performances held at University halls, four free concerts yearly.

Contact person/position: Martha Ollivier - Secretary/Treasurer

Alice Davison - President

Phone, E-mail or web site: (319)337-3681 (319) 338-4695

[alice-davison@uiowa.edu](mailto:alice-davison@uiowa.edu)  [http://iceks.org](http://iceks.org)

What & Who: **MUSIC - for the Community:** **Friday Night Concert Series**

Location: Performances on the Ped Mall downtown Iowa City. May-Sept.


Comments: Free community event. Local area musicians and groups.

Contact person & position: Sponsored by the Downtown Association

Phone, E-mail or web site: [info@summerofhearts.com](mailto:info@summerofhearts.com) (319)354-0863

Mailing address: PO Box 64 – Iowa City, IA 52244 - 0064
What & Who: MUSIC CLUB: **Friends of Old Time Music**
Location: **Meets at 808 Club – 121 Iowa Avenue - Yearly Fiddlers’ Picnic at the Johnson County Fairgrounds**
Membership ? No – fee of $5 entrance to attend the Fiddlers Picnic.
Parking available nearby? **Street parking for the Iowa Avenue address; Free parking at the Fairgrounds.**
Comments: Meeting Tuesday evenings after 8 PM at the 808 Club. Fiddlers’ Picnic is held annually in September.
Contact person & position: Mike Haerkamp
Phone, E-mail or web site: (319) 337-7180

What & Who: MUSIC - for the Community: **Music in the Park**
Location: **S. T. Morrison Park on 5th Street in Coralville – by the pond.**
Membership required? No.
On bus? Yes; Parking available nearby? **Free; Handicapped accessible? Yes.**
Comments: June-August each year – featuring local musicians – held in conjunction with the Farmer’s Market. Food usually available. Farmers Market held on site.
Contact person & position: Scott Prochaska – Recreation Superintendent
Phone/E-mail/ web site: (319)248-1750; sprochaska@ci.coralville.ia.us; www.coralville.org

What & Who: MUSIC CLUB: **Music Study Club**
Location: **Meets in private homes, or at local churches and UI School of Music**
Membership ? $15 annually; Open to all interested persons..
Comments: Dedicated to music education and enjoyment. Classical presentations, opera and some jazz. Group has been in continuous operation since 1916. The mission of this club is to teach music appreciation to the residents of Johnson County. Each month the club members gather to listen to a musical performance and then to discuss, most often with the performers, the music and its history. This group grants 3 scholarships each year. Car pooling possible.
Contact person & position: Miriam Canter or Jeanne Cadoret
Phone, E-mail or web site: (319) 338-1217 or (319) 624-2746

What & Who: MUSIC CLUB: **Opera Supers**
Location: **Call for information**
Membership required? No dues
Comments: Group supports 3 UI opera productions a year. Supers provides food for the casts during rehearsal periods. Group enjoys special presentations by guest artists, vocal masters classes, and potluck following celebration.
Contact person & position: Susan Jones - UI Faculty in School of Music
Phone, E-mail or web site: susan-s-jones@uiowa.edu
What & Who: MUSIC- Vocal: Chamber Singers of Iowa City
Location: concert locations vary; call for details. P.O. Box 2803; Iowa City, 52244
Membership required? Yes; Annual auditions. Made of about 60 community members who share a love of singing.
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Three classical choral concerts are presented annually. Reduced ticket prices available for senior citizens. Regular season ticket $25, individual - $12.
Contact person & position: Marilyn Thompson – co-president
Phone, E-mail or web site: (319)351-3998 info@icchambersingers.org
http://www.icchambersingers.org

What & Who: MUSIC – Vocal : Metro Mix Chorus
(Sweet Adelines Women’s Chorus)
Location: Quality Inn (formerly the Highlander Inn), 2525 N. Dodge Street, Iowa City. Meets Mondays at 7:00 PM.
Membership required? $25 a month with additional costs.
Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Open to women of all ages. Must pass the audition. Singing and performing for personal enjoyment and public entertainment. Weekly meetings and practice.
Contact person & position: Beverly Hamilton – Director – metromixchorus@aol.com
Phone, E-mail & web site: (319) 364-4685 – bhamiltn3@mchsi.com
www.metromixchorus.org

What & Who: MUSIC - Vocal: Old Capitol Barbershop Chorus
Location: Robert Lee Rec. Center – 220 S. Gilbert St. – Iowa City, IA. 52240
Membership required? Yes, contact Asst. Director for information
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Open to male singers; no age limit. Thursdays 7:30-9:30pm
Contact person & position: Chad Knipfer-Director
Phone, E-mail & web site: (319) 321-6788; chad@knipfer.org; www.oldcapitolchorus.com

What & Who: MUSIC - Vocal: Musick’s Feast
Location: Locations vary; call for details
Membership required? Subscriptions option available for performance venue.
Tickets each - $15; $12.00 for Seniors.
On bus? varies; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Volunteers are welcomed to assist. Musick’s Feast was founded in 2000. It’s mission is to enhance interest in early music and to reduce hunger. All money goes to hunger relief in areas ranging from international to local relief. (local examples are such as the Free Lunch Program, Salvation Army, the Food Bank.)
Phone, E-mail & web site: (319) 337-7917 - Mary Palmberg or Elizabeth Aubrey
For inclusion on Musick’s Feast mailing list or e-mail letter group, contact them At musicksfeast@mchsi.com www.musicksfeast.org

What & Who: MUSIC- Vocal : THE QUIRE:
Eastern Iowa’s GLBT Chorus
Location: Rehearses Sundays at 6 PM at Zion Lutheran Church –
310 N. Johnson St. – Iowa City, IA. 52240
Membership required? Yes, $80 per year – for cost of printed music…
can be waived if a hardship exists.
Comments: Open GLBT persons and others also. No audition required.
Seniors are welcome.
Contact person & position: Regenia Bailey, David Evans, Avery Wills, Susan Beckett- directors
Phone, E-mail & web site: www.thequire.org
Mailing Address: P.O. Box 1101 – Iowa City, 52244

What & Who: MUSIC - Vocal : Voices of Experience
Location: 28 S. Linn Street – Iowa City, IA. 52240
Membership required? Membership in the Senior Center required in order
to participate. Costs $25 - $60 depending on residency.
Other fees or tuition? None
On bus? Yes; Parking available nearby? Ramp; Handicapped accessible? Yes
Comments: Open to any 50 & up “who can carry a tune”. Practice twice weekly—
Tu. & Th. 1-2pm Performances periodically at the Senior Center and other venues
in the community. Some small groups also.
Contact person & position: Call Iowa City Senior Center for details
Phone, E-mail or web site: (319) 356-5220 or Dr. Mary Cohen mary-
cohen@uiowa.edu ph.(319) 335-3030

What & Who: NATURE: Coralville Lake
Location: 2850 Prairie Du Chein Rd NE -Iowa City
Membership required? No dues
Other fees? Fees for camping; license needed for fishing.
Comments: Run by the US Army Corp of Engineers. Activities include birding,
camping, Classes, Field Trips, Devonian Fossil Gorge, Hiking Trails, Hunting and
Fishing, Mountain Bike Trail and picnic shelters.
Contact person & position: Kathy Atkinson
Phone, E-mail or web site: (319)338-3543 (Ext. 6301)
kathryn.S.Atkinson@usace.army.mil www.reserveusa.com

What & Who: NATURE - Birds: Iowa City Bird Club
Location: Grant Wood AEA – 200 Holiday Road – Coralville, IA
Membership required? Membership fee - $15 a year.
On bus? Yes; Parking available nearby? Free; Handicapped accessible? Yes
Comments: Newsletter, field trips various locations, meetings
Contact person & position: Chris Caster
Phone, E-mail or web site: (319)339-8343 www.icbirds.org

What & Who: NATURE - Birds: Songbird Project
Location: no regular meetings at this time.
Membership required? free
On bus? No; Parking available nearby? Free; Handicapped accessible? Yes
Comments: Activities- maintaining the bird houses at the county fair area, etc. Looking for volunteers.
Contact person & position: Jim Walters
Phone, E-mail or web site: (319)466-1134

Location: no regular meet Located in Peninsula Park at West end of Foster Road (take Foster Road west off Dubuque St.
Membership required? Annual permit or daily pass required. $25.00/yr.
On bus? No; Parking available nearby? Free; Handicapped accessible? Yes
Comments: Dogs may frolic in the park off-leash.
Phone, E-mail or web site: www.jcdogpac.org

What & Who: NATURE - Fishing: Fly Fishers, Iowa City
Location: Meet various locations. Call for details.
Membership required? free
Comments: Organized 1998. Interests are fly fishing, fly tying, fly rod building
Contact person & position: Don Lund - Director
Phone, E-mail or web site: (319) 683-2864

What & Who: NATURE - Fishing: Fishing in Johnson County area
Location: various locations. Coralville Reservoir- 4 miles north of Iowa City; Lake Macbride – 4 miles west of Solon; Kent Park 2.5 miles west of Tiffin
Membership required? NO: State fishing license required age 16+; fee for camping, swimming
Comments: All have boat ramps, picnic areas, beach, trails, playground, restrooms and camping. Boat rental at Lake MacBride.
Contact: Iowa Department of Natural Resources (DNR) or staff on site

What & Who: NATURE - HIKING: Hawkeye Hikers
Location: sites will vary
Membership required? Membership available
Other fees? No

Comments: **All ages; includes many seniors**
Contact person & position: **Cathy Johnson - Organizer**
Phone, E-mail or web site: (319) 337-5989

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What & Who: **NATURE: Izaak Walton League of Johnson County**
Location: **4044 Izaak Walton Rd. SE, Iowa City, 52240**
Membership required? **Yes**
Other fees?
On bus? **No**; Parking available nearby? **Free**; Handicapped accessible? **Yes**.
Comments: **Environmental group, outdoor recreation interests. Also teach hunter safety.**
Contact person & position: **Izaak Walton League**
Phone, E-mail or web site: (319) 338-5385

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What & Who: **NATURE: Johnson County Heritage Trust**
Location: **Annual April membership meeting – next at Izaack Walton League. Also hold Annual Prairie Preview.**
Membership required? **Available ranging from $10 to $500 support level.**
Comments: **Mission is to preserve our natural heritage through identification, acquisition and management of land with significant environmental value. We own 5 properties and 5 conservation easements in Johnson County. Volunteers wanted in various areas.**
Contact person & position: **Tammy Richardson – Trust’s Administrator**
Phone, E-mail ,web site: (319) 857-4741 [www.jcht.org](http://www.jcht.org) info@jcht.org
Mail Address: **Johnson Co. Heritage Trust, Tammy Richardson, P.O. Box 2523, Iowa City, IA 52244**

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What & Who: **NATURE: F.W. Kent Park**
Location: **2048 Hwy. 6 N.W. – Oxford, IA. 52322**
Membership required?
Other fees? **Fees apply for camping or swimming.**
On bus? Parking available nearby? **Handicapped accessible?**
Comments: **Recreation, camping, swimming, hiking, fishing, nature classes, newsletter available.**
Contact person & position: **Harry Graves, Director**
Phone, E-mail ,web site: (319) 400-7770 hgraves@co.johnson.ia.us conservation@co.johnson.ia.us [www.johnson-county.com/conservation/publicUse/kent_park.shtml](http://www.johnson-county.com/conservation/publicUse/kent_park.shtml)

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What & Who: **NATURE: Lake MacBride State Park**
Location: **3525 Highway 382 NE – Solon, IA 52333**
Membership required? **No**
Other fees? **Fishing license required to fish. Boat rental fees apply. Fee for swimming on beach and use of beach house. Camping fees.**

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Comments: Hiking, swimming, picnicking, boating, camping all available.
Phone, E-mail or web site: (319) 624-2200  Lake_Macbride@dnr.state.ia.us

What & Who: NATURE: Pheasants Forever
Location: Call for information. Events include an annual banquet
Other educational venues dealing with wildlife habitat development.
Membership required? $30 for individuals age 18 & over.
Comments: Pheasants Forever (PF) is a non-profit organization dedicated to the
protection and enhancement of pheasant and other wildlife populations through
habitat improvement, land management, public awareness, and education.
Contact person & position: Brad Freidhof - Johnson Co. Pheasants Forever
Phone, E-mail or web site: home (319) 354-2609 wk. (319) 645-1011
bfreidhof@co.johnson.ia.us

What & Who: NATURE: Sierra Club
Location: meeting locations vary. Call for details.
Membership required? Membership $25 for Introductory/Individual. Regular
membership is $39. Senior membership is $24 annually.
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Various Activities year-round are put on by the Iowa City Area Group
of the Sierra Club. Quarterly executive committee meetings are held to plan events
for the year and discuss contemporary environmental issues. Frequent outings
(hikes) in the area and state-wide. Programs featuring guest speakers. Quarterly
Newsletter. Focus of Sierra Club is to preserve, protect and enjoy the great
outdoors. Contact person & position: Mike Carberry – Group Chair, Iowa City area
Phone, E-mail or web site: www.iowa.sierraclub.org/icag/contacts.html
michaelcarberry@hotmail.com 2029 Friendship St., Iowa City, IA 52245
ph. (319) 338-8820 Mailing address of the national organization: The
Sierra Club, P.O. Box 52968, Boulder, CO. 80322-2968

What & Who: ORGANIZATIONS: AARP of Johnson County, Chap. 1816
Location: Meets 1st Monday at 1:30 PM– Iowa City and other areas around
Johnson County.
Membership required? Local chapter membership is $4 a year and is separate
from membership in National AARP. Targets persons aged 50 & up.
Comments: Monthly meetings provide educational programs, legislative
advocacy for seniors, information, and free literature on senior services,
monthly mailings, and newsletter. Social events at holiday times.
Contact person & position: Local Chapter President or call 1-866-554-5378
Phone, E-mail or web site: (319) 351-1135 or www.aarp.org
State AARP office: 1-866-554-5378 National AARP: 1-888-687-2277
What & Who: ORGANIZATIONS: **Aging and Disability Resource Center (ADRC)**
Location: **Host agency: Elder Services, Inc.**
Membership required? **No**; Options counseling for seniors and disabled persons
On bus? **Yes**. Parking available nearby? **Yes**. Handicapped accessible? **Yes**
Comments: **The ADRC (Aging and Disability Resource Center is located with Elder Services Agency/**
Contact: Options Counselor  -  **1556 S 1st Avenue Suite A - Iowa City, IA 52240**
**Phone: (319) 338-0515 - Fax: (319) 338-0531**
**Iowa TTY phone# (800) 735-2942**

What & Who: ORGANIZATIONS: **Volunteer at the Animal Shelter**
Location: **111 Kirkwood Avenue  Iowa**
Membership required? **No**
On bus? **Yes**; Parking available nearby? **Yes**; Handicapped accessible? **Yes**.
Comments: **Volunteer opportunities with animals from the Iowa City Animal Shelter. Many opportunitues are available. Please contact the Shelter for details.**
Phone, E-mail or web site: **(319) 356-5295   www. Facf.org**  **Hrs: Mon-Fri. 10:30-5:30**
**Sat. 10:30-3:00pm   info@facf.org**

What & Who: ORGANIZATIONS: **Cosgrove Institute**
Location: **2009 400th St. S.W. - Oxford, IA. 52322**
Membership required? **No**
On bus? **No**; Parking available nearby? **Free**.
Comments: **For all ages. Meetings 1st Monday of the month at the Institute at 7pm.**
**Principal activity is to restore the building, fundraising for the disabled, and college scholarships, community building for the senior citizens. Rental of space available for wedding receptions, family reunions, etc.**
Contact person & position: **Stan Thompson  Maurice Pitlick**
Phone, E-mail or web site: **(319) 683-2822         (319) 828-4164**

What & Who: ORGANIZATION: **Council of International Visitors**
Location: **Meets at Congregational Church.**
Membership required? **Indiv. $25 Fam.-$45 Longtime-$100**
On bus? **Yes**. Parking available nearby? **No**. Handicapped accessible? **Yes**.
Comments: **Host Visitors**
Contact person & position: **Sharon Benzoni – Office Coordinator – (319) 384-2260**
Phone, E-mail or web site: **(319) 335-0351 sharon-benzoni@uiowa.edu**

What & Who: ORGANIZATION: **Eagles Lodge # 695**
Location: **– 225 Highway 1 West - Iowa City – 522456**
Membership: **Available**
Phone, E-mail or web site: **eagleslodge@qwestoffice.net - www.foe.com/iowa/iowacity**
What & Who: **ORGANIZATION: Elks Lodge**
Location: 637 Foster Road – Iowa City – 52245
Membership required? Yes
Comments: Meets 1\textsuperscript{st} and 3\textsuperscript{rd} Mondays. Organized 108 years. Major projects include scholarships, summer camp for youth, Veteran’s hospital, Hospice support. Has 9 hole golf course and swimming pool for members. Phone, E-mail or web site: elks590@elks590.org Website: www.elks590.org PH: 319. 351-3700

What & Who: **ORGANIZATIONS: Foreign Relations Council**
Location: Meets at Congregational Church – 30 N. Clinton – Iowa City & Lunch Locations vary.
Membership required? $60 per year dues.
Comments: Many programs per semester when speakers are available. Lunch (fee) preceding lecture or you may attend just the lecture.
Contact person & position: Sharon Benzoni – Office Coordinator – (319) 384-2260 Phone, E-mail or web site: (319) 335-0351 sharon-benzoni@uiowa.edu

What & Who: **ORGANIZATIONS: Heritage Area Agency on Aging**
Location: – c/o Kirkwood Community College 6301 Kirkwood Blvd. S.W.- Cedar Rapids, IA 52404
Membership required? No.
Comments: Sponsor and funder of multiple programs in Area 10 (includes Johnson County). Funding from the Older Americans Administration, the Iowa Dept. of Elder Affairs and local service programs. Consumer participation invited in many volunteer capacities.
Contact person & position: Liz Selk - Director Phone, E-mail or web site: (319) 398-5559/1-800-332-5934 www.heritageaaa.org

What & Who: **ORGANIZATIONS: Iowa Citizen Action Network**
Location: Meets at various local churches and libraries. Annual meetings held in Des Moines. Own transportation needed.
Membership required? $5 every two years. Membership is open to all interested individuals.
Comments: Organization works at the grass roots level to lobby for consumer rights. State and national issues addressed. Appeals to those interested in the problems and issues that create situations for the average citizen. At this time the Network is actively working on the problems seniors are having, or will have, with Medicare. Older individuals are encouraged to get involved.
Contact person & position: Betty Aherns, Director
What & Who: **ORGANIZATIONS: Iowa City Genealogy Society**
Location: P.O. Box 822 - Iowa City, IA 52244-0822
Contact person & position: Phone, E-mail or web site: charhixon@mchsi.com
Meets the last Saturday of each month.
Contact also the Iowa State Genealogy Society –at 628 E. Grand Ave – Des Moines, IA 50309. PH: 515-276-0287. E-mail igs@iowagenealogy.org.
www.iowagenealogy.org
Also - www.rootsweb.ancestry.com/~iajohnso/

What & Who: **ORGANIZATIONS: Johnson County Task Force on Aging**
Location: Meets 2nd Monday of the month at Iowa City/Johnson County Senior Center –28 S. Linn St. Iowa City.
Membership required? Membership is free. Activities open to the public also.
Comments: The Johnson County Task Force on Aging is a member Task Force of the Heritage Area Agency on Aging. It provides educational programs on matters of concern for senior citizen welfare. Members serve as advocates for seniors in Iowa, participate in lobbying efforts with local, state and national government. The Task Force also provides representation on the Heritage AAA Advisory Council.
Contact person & position: Kellie Elliott-Kapparos– Heritage staff liaison
Phone, E-mail or web site: 1-800-332-5934 KELLIOT@kirkwood.edu
www.heritageaaa.org

What & Who: **ORGANIZATIONS: Johnson County United Nations Association/Iowa United Nations Association**
Location: 20 E. Market Street – Iowa City (Old Brick)
Membership required? Open to the public. $25 first time membership fee.
$40 after that.
Comments: Primarily associated with Model United Nations for high school and collegiate students. Offer some lectures however. Educational Programs. Open to the public.
Contact person & position: Katy Hansen – Director
Phone, E-mail or web site: (319) 337-7290 www.unaiowa.org, unaiowa@unaiowa.org

What & Who: **ORGANIZATIONS: Johnson County Livable Community for Successful Aging Policy Board**
Location: Host agency: Elder Services, Inc.
Membership required? Appointed by the Johnson County Board of Supervisors.
Interested persons are invited to serve on any of the resource committees of the Imitative. Call for time and place of meetings. Special committees include:

**Transportation Committee** – publishes transportation options guide for seniors, sponsors CarFit program, “When to Stop Driving” speakers, etc.

**Housing** – works on Universal Housing and other related issues

**Community Engagement** – reaching out to all areas. Activities Directory.

**Health** - various programs, including “Eat Better/Move More”, Falls Prevention programs, etc.

**Web Site** – state of the art web site of services and options for seniors, disabled persons and their families.


Comments: The Johnson County Livable Community for Successful Aging Initiative is a program of the Johnson County Board of Supervisors. The Initiative is located with Elder Services Inc. and the ADRC (Aging and Disability Resource Center).

Contact:
Livable Community Specialist
1556 S 1st Avenue Suite A - Iowa City, IA 52240
Phone: (319) 338-0515 - Fax: (319) 338-0531
Iowa TTY phone# (800) 735-2942

What & Who: **ORGANIZATION:** Living Well with a Disability

Location: Annual Spring or Fall event. Location varies from year to year.


Comments: Eight-week health promotion course covering topics which include goal-setting, communication, seeking information, and nutrition.

Co-sponsored by the Iowa Department of Public Health, UI Center for Disabilities and Development and Conner Center for Independent Living. People are welcomed to sign up for the course, recruit others, become a trained facilitator.

Contact person: Mike Hoenig Center for Disabilities and Development 100 Hawkins Drive Iowa City, IA 52242-1011 or Keith Ruff Conner Center for Independent Living 730 S. Dubuque Iowa City, IA 52240
Phone, E-mail or web site: Michael-hoenig@uiowa.edu (319) 353-6448 Keithr@theconnercenter.org (319)338-3870 www.livingwelliowa.org

What & Who: **ORGANIZATION:** Johnson County Retired School Personnel Association

Location: 3703 Rohret Rd. I.C. 52246; Meetings at Iowa City/Johnson County Senior Center – 28 S. Linn – Iowa City

Membership required? $16 per year dues (of this $12 goes for state membership and $4 for local association membership


Comments: Membership is open to all retired from employment, in any capacity, from an educational institution and receiving IPERS. Meetings held at 9 AM the 4th Wednesday of Sept. - Nov. & Jan. - May. Meetings include coffee, business meeting and programs of interest. Affiliate of Iowa Retired School Personnel Assoc. (IRSPA)

Contact person & position: Dawn Rogers – Secretary; Sharon Raffensperger –
What & Who:  **ORGANIZATION:** **MICK’S WORKSHOP**  
**Location:** 2218 F. Street – Iowa City  
Comments: Need with a Home improvement service job or with moving?  Mick’s Workshop – 2218 F Street in Iowa City may be able to help.  MICK’s is a non-profit business and service providing employment for persons with disabilities and is affiliated with Uptown Bill’s small Mall.  Mick’s can do small home repairs including to help make homes and apartments more physically accessible to the elderly and for persons with disabilities. But mostly refinish antiques.  
Contact person: Manager, Mick Vevera or Dr. Tom Walz -  
Phone, E-mail or web site: (319) 530-0045  www.uptownbills.org 
smallmall@uptownbills.org

What & Who: **ORGANIZATION:** **MOOSE LODGE**  
**Location:** 3151 HWY 6 East – Iowa City - 52240  
Membership : Yes.  
Comments: Activities include dinners, dances, special events. Have meeting rooms available.  Also raise funds to help children.  Meetings are for members only.  
Phone, E-mail or web site: iowacitymoose@qwest.net  iowacitymoose.org  
Mailing address: PO Box 26 Iowa City, Ia 52244.  
Call for information: (319) 354-8883

What & Who: **ORGANIZATIONS:** **National Assoc. of Active & Retired, Federal Employees # 0878**  
Membership: Open to retired federal employees and active ones.  
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.  
Contact person/position: Mary E. Carter – director – P.O. Box 185 – Nichols, IA –52766- 0185  
Phone, E-mail or web site: (319) 723-4335 - marycarter52766@yahoo.com

What & Who: **ORGANIZATIONS:** **U. of Iowa Retirees Association (UIRA) (also known as “The Gray Hawks”)**  
**Location:** Jefferson Building, 6th floor – Iowa City, IA – 52240 (open part-time)  
Membership required? Yes, $10 per year.  Open to retired UI Faculty/staff  
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.  
Comments: Monthly programs offered September thru June – purpose to
promote interest and welfare of UI retirees.
Contact person & position: David Thayer, President
Phone, E-mail or web site: (319)337-2052  www.uiowa.edu/~uira/

What & Who: ORGANIZATIONS:  U. of Iowa Alumni Association
Location:  100 Levitt Center, Iowa City, IA 52242-1797
Membership required? Yes, $25 (new graduate); other graduate $45 annual. & up
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: The University of Iowa Alumni Association has been serving its
members since 1867. With more than 57,000 members, our purpose is simple — to
provide opportunities for UI alumni and friends to participate in the life of the
University of Iowa. Membership is tax deductible.
Contact person & position:
Phone, E-mail or web site: 319/335-3294 or Toll Free: 800/469-2586
http://www.iowalum.com/

What & Who: ORGANIZATIONS:  www.oniowa.com
Location:  (internet sites of UI Alumni) 100 Levitt Center, Iowa City, IA 52242-1797
Membership required? Yes, sign up at www.oniowa.com  Free.
Comments: University of Iowa Alumni Association free password protected web site
allows alumni to contact friends and classmates, network with Iowa graduates and
search for alumni events. It is a partnership of the UI Alumni Association, the UI
Provost’s Office and the 11 colleges of the University and International programs.
Contact person & position: oniowa@uiowa.edu  www.oniowa.com
Phone, E-mail or web site: 319/335-3294 or Toll Free: 800/469-2586

What & Who: ORGANIZATION-Community Service: Free Lunch Program
Location:  Meets noon-time Mon-Sat. at Wesley Center – 120 N. Dubuque -IC
Organizational meetings held at sponsoring churches.
Membership required? Free, open to all interested persons.
Comments: Over 35 local teams of volunteers provide this Free Lunch program for
the homeless and needy. These dedicated groups of individuals are not only
responsible for cooking a daily meal but also for getting the food and supplies
together. Meal preparation for the poor and for the homeless is hard work. Most of
the volunteers are mature individuals. Free Lunch originated in 1983.
Contact person & position: Mary Palmberg
Phone, E-mail or web site: (319) 337-7917  icfreelunch@gmail.com  www.icflp.org

What & Who: ORGANIZATION-Community Service: Iowa City Hospice Volunteer Opportunities
Location:  Iowa City Hospice – 1025 Wade Street – Iowa City 52240
Membership required?  Free. Training required.
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: An 18 hour Volunteer Training Course is
offered periodically during the year. A $30 donation is requested to cover the training manual, but not required
Contact person & position: Jennifer Kross – Education and Volunteer Coordinator
Phone, E-mail or web site: (319) 351-5665 jennifer@iowacityhospice.org www.iowacityhospice.org

What & Who: ORGANIZATION- Community Service:

Mercy Hospital Guild
Location: Mercy Hospital, 500 E. Market St., Iowa City, IA. 52245
Membership required? $10 annual fee or $100 for lifetime membership.
Open to all interested persons.
Free ramp parking for volunteers. On-street parking.
Comments: Most activities are centered at Mercy Hospital. Under staff direction, volunteers provide direction, comfort and assistance to patients and to their family members. Special arrangements will be made for disabled individuals and, for that reason, those with handicaps are encouraged to participate.
Contact person & position: Carol Ebinger – Volunteer Services Coordinator
Phone, E-mail or web site: (319) 339-3659

What & Who: ORGANIZATION- Community Service: Off Road Riders
Location: Meets most often at the Sugar Bottom Trail in north Johnson County
Membership required? Various levels of membership beginning at $20 annually.
On bus? No. Parking available nearby Yes.
Own transportation or car-pooling needed.
Comments: Group maintains bike trails (bicycle off road mountain bikes) in Johnson County - most specifically in the Sugar Bottom recreational area. This group of men and women work hard to keep the off-road bicycle trails open at the Sugar Bottom recreational area. Open to all interested persons.
Mailing Address: P.O. Box 423; North Liberty, IA 52317
Phone, E-mail or web site: (319) 626-1160 www.icorrmtb.org icorr@icorrmtb.org
What & Who: **ORGANIZATION-Community Service**

**OUR LORD’S SOUP**

Location: Community service out-reach activity for seniors who are shut-ins.
Comments: Church group prepares and delivers a Saturday meal of soup, cookie and fruit for senior shut-ins in Solon. Younger shut-ins are welcome also. Our Lord’s meets at the Solon library, but prepares food at church. Call for information.

Phone, E-mail or web site: Library (319) 624-2678
Call Our Lords Church (319) 624-5056 to be added to food list.

What & Who: **ORGANIZATIONS- Community Service:**

**RSVP (Retired Senior Volunteer Program)**

Location: 28 S. Linn Street – Iowa City, IA. 52240
Membership required? Free. This is for persons aged 55 and up
On bus? Varies; Parking available nearby? Varies; Handicapped accessible? Varies
Comments: RSVP is using the “competence, wisdom and experience of our Iowa elders” by providing challenging and rewarding volunteer opportunities. Since 1990, Elder Services, Inc. has sponsored the RSVP program, which now includes Johnson County, North English, West Liberty and Burlington. Over 60 non-profit organizations seek the skills and experiences of this vibrant RSVP group! RSVP volunteers serve the needs of children, elders and the entire community.
Memorandums of Understanding, job descriptions and Impact statements are now required to enlist as an RSVP Station.

Contact person & position: Joan Cook - Director
Phone, E-mail or web site: (319)356-5218, jcook@elderservicesiowa.com
http://www.elderservicesiowa.com/RSVP.html

What & Who: **ORGANIZATION- Community Service**

**Senior Advocates, Inc. of Solon**

Location: Service available to seniors resident of Solon & surrounding area
Membership required? No
Fees: Transportation fees are $1.50 per person per pick-up.
Comments: Two major services provided are:
1) Transportation for seniors who need transportation help for appointments, senior dining, meals, errands; also do “outings” or short trips for seniors in the area. 2) Senior Advocates also provides basic computer training for seniors teaching how to do E-mail and use the Internet. Training provided at the Methodist church community room where a computer is available. Senior Advocates, Inc. of Solon welcomes volunteers. The non-profit organization is run by a volunteer Board of Directors and volunteer members who provide assistance. **Vans are wheel-chair accessible.

Contact person, # & position: Beverly Nofka – (319) 624-2410
Transportation dispatcher – Marie Kroul – call (319) 624-3446
What & Who: **ORGANIZATION- Community Service**

**Seniors Together in Aging Research (STAR)**

Location: Center on Aging Studies; U of I campus, Iowa City  
Membership required? **need “registration” for the Registry**  
Fees: **No fee; compensation available for some studies.**  
Comments: **Iowans aged 50 and over are invited to participate in a volunteer research registry. The STAR registry offers opportunity to learn about the research process at the UIL, to receive information about healthy aging and University of Iowa research studies for adults and many of the programs provide compensation. Participation in this registry and any research study is voluntary. People with medical problems, as well as healthy people, are invited to be in the STAR Registry. Registry information is confidential.**

Contact: **To request a registration packet**, you may either Email coa-star@uiowa.edu, and include your name and mailing address; Call locally: 319.335.7569; Call toll-free: 866.393.4603, or contact staff member Linsey Abbott at 319.384-4221. E-mail – linsey-abbott@uiowa.edu.  [www.centeronaging.uiowa.edu/star.shtml](http://www.centeronaging.uiowa.edu/star.shtml)

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What & Who: **ORGANIZATION – Community Service:**

**Swisher Legion Auxiliary**

Location: Meets 2nd Monday of each month at the Legion Hall in Swisher (located behind DanceMor)  
Membership required? **$15 a year dues. Many of members over age 50.**  
Parking available nearby? **Free; Handicapped accessible? Yes.**  
Comments: **Service activities include making goodies for patients and out patients at the VA Hospital in Iowa City, sponsoring blood drives, collecting food for the Johnson County food bank, answering phones for the Children's Miracle Network Telethon. They serve a Christmas dinner to area widows/widowers, provide funeral dinners, Lenten suppers and engage in a good many other activities.**  
Contact person & position: **City of Swisher**  
Phone, e-mail or web site: (319) 857-4539 swisher2@netins.net

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What & Who: **ORGANIZATION – Community Service: The WiderNet Project**

Location: University of Iowa campus. (Moving: Call for new location)  
Comments: **This is an independent nonprofit project based at UI that works to improve digital communication in developing countries. Current focus is in Africa. Closest ties and connections are with Nigerian Universities with focus on the improvement of educational communication systems in Africa by providing faculty and students with access to computers, email, and the internet. The WiderNet Project needs volunteers in various areas including: Test and prepare donated equipment to be shipped to Nigerian Universities; Find Web resources to add to the digital library we distribute to African schools; Organizing volunteers, help design our Web site, and/or maintain our databases; Assist and train Nigerian IT staff in systems management skills; Help us publicize our efforts; Mentor an African colleague via email; Coach university administrators in setting up their systems;**
Host African visitors to the WiderNet Project at your home or office; Conduct training at African universities in network management, computer repair, and/or database systems; Secure donations of hardware, software, and books for our African partners.

Contact person & position: Karen Chappel – Volunteer/Donation Coordinator
Phone, e-mail or web site: (319)335-2600 volunteer@widernet.org www.widernet.org

What & Who: ORGANIZATIONS - Community Service:

Women’s Improvement League of Swisher (WILOS)
Location: Meets at the Kava House & Café (122 2nd St. SE, Swisher on the 4th Tues. during the school year.
Membership required? Free
Comments: Open to anyone who lives in or near Swisher area.
Contact person & position: Mary Grabe – Vice-President
Sandi VonSprecken – President
Phone, E-mail or web site: (319) 857-4657 mary-grabe@uiowa.edu (319) 857-4445

What & Who: ORGANIZATIONS - Cultural: Humanities Iowa
Location: 100 Oakdale Camps – N310 OH – Iowa City, IA 52242-5000
Membership required? Free
Comments: Mission is to promote understanding and appreciation of the people, communities, cultures, and stories of importance to Iowa and the nation.
Contact person & position: Christopher R. Rossi, Executive Director
Phone, E-mail or web site: (319) 335-4153 c-rossi@uiowa.edu info@humanitiesiowa.org - http://www.humanitiesiowa.org

What & Who: ORGANIZATION - Political:

Democratic Party of Johnson County
Location: Meeting locations vary. Call for information.
Membership required? No membership – no fees.
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Meeting sites rotate, including to surrounding towns in the county.
All ages are welcome.
Contact person & position: Brian Flaherty - chairperson
Phone, E-mail or web site: (319) 337-VOTE www.jcdems.org

What & Who: ORGANIZATION- Political: FAIR!
Location: P. O. Box 1812 – Iowa City, IA. 52244-1812 - Steering Committee meets at Uptown Bill’s. Membership meetings usually at the IC Public Library.
Membership required? $25 per year + 8 hours of time per year,
or 12 hours of time.
Comments: FAIR! is an organization which works for social, economic, and environmental justice; promotes fair and accountable government, builds community by strengthening local democratic practices. 68% of the current paid membership are aged 50 and up. Issues of: Tax Incr. Financing, Affordable Housing, A Living Wage, Expanded Public Transit
Contact person & position: Gary Klein - Chair
Phone, E-mail or web site: (319) 354-2600 (home) – (319) 331-0778 (cell)
garyklein@gmail.com www.jcfair.org
member listserv: http://groups.yahoo.com/group/JCFAIR

Location: Varies – usually Uptown Bill’s small Mall or IC Public Library.
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Membership forms available
Contact person & position: Holly Hart, Secretary (319)337-7341 hhart11@gmail.com
E-mail or web site: iowa@greens.org www.johnsoncountygreenparty.org
http://www.sos.state.ia.us/pdfs/elections/voteapp.pdf

What & Who: ORGANIZATION - political: League of Women Voters of Johnson County
Location: Meets at various locations, such as Iowa City City Hall or Iowa City library, Coralville library.
Membership required? Indv. $55 Fam. $82.50 Student $25
All meetings are open to the public.
Contact Person & Position: Rebecca Reiter – Membership Chair (319) 354-7163 or rebecca-reiter@uiowa.edu
Phone, E-mail or web site: www.lwvjc.org (319) 626-6227
Mailing Address: P.O. Box 2251 – Iowa City, IA. 52244

Location: Meets at various locations. Membership dues? $14 a year dues.
Comments: Group seeks to promote Republican candidates and activities.
Contact person & position: Carol Ann Christiansen – Director Leah Adams
Phone, e-mail or web site: (319)354-7188 (319) 354-1135

What & Who: ORGANIZATION- Women: American Association of University Women
Location: meets at different locations
Membership required? Membership fee - $59 per year.
Comments: Membership open to anyone with a two year, four year or graduate degree or beyond. Promotes equity for women and girls. Five programs per
year at different locations. For all ages.
Contact person & position: Judy - President
Phone, E-mail or web site: (319) 358-6583 president@aauwic.org
http://www.aauwia.org/IC.htm judypfohl@gmail.com

What & Who: ORGANIZATION- Women: Iowa Women’s Foundation
Location: 220 Lafayette St. - Suite 175 – Iowa City, IA 52240
Comments: "Expanding Opportunities for Iowa's Women and Girls" Events:
Ia. Women’s Foundation Showcase (arts focused event in last quarter of year)
Ia. Women’s Foundation Spotlights (2-3 times yearly – educational programs)
Ia. Women’s Foundation Run Like A Mother (4 mile walk/run in May)
Ia. Women’s Foundation Annual Grant Awards Luncheon (Oct. fundraiser)
Ia. Women’s Foundation Volunteer activities (many varied throughout year)
Women of all ages welcomed. ***Call or Website for current events***
Contact person: Rebecca Turner – Development & Community Relations Coord.
Phone, E-mail or web site: (319) 337-4222 1-888-488-4293 info@iawf.org
  turner@iawf.org www.iawf.org

What & Who: ORGANIZATION-Women:
NATIONAL ORGANIZATION FOR WOMEN, I.C. Chapter
Location: The group meets at varying locations. 41 Valley Ave. Apt. 7, Iowa City, IA
52246
Membership required? $30/year membership
On bus? Usually; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Usually meet monthly – IC Public Library or a local restaurant.
Contact person & position: Sue Christiansen
Phone, E-mail or web site: (319) 354-6775 suec1952@yahoo.com
  www.iowanow.org

What & Who: THEATRE-SUPPORT GROUP - ARTS & ENTERTAINMENT:
Hancher Guild
Location: Hancher Auditorium – Park Road – Iowa City and other locations
Membership required? Yes; no cost for membership is.
Comments: Volunteer opportunities exist in the areas of Audience
Development, Finance, Hospitality, Membership and Promotion, Showcase operations, Showcase Volunteers, Young Audiences, Newsletter.
Phone, E-mail or web site: (319) 335-1130 www.hancher.uiowa.edu

What & Who: THEATRE: City Circle Acting Company
Location: c/o Coralville City Recreation Department.
Membership? not required to volunteer. Circles of Support - $25 and up.
Comments: Performances at various venues.
Contact person & position: Box Office Manager
Phone, E-mail or web site: (319) 248-1750, (319)541-2980, info@citycircle.org, www.citycircle.org/ Mailing Address: PO Box 5156 – Coralville, IA 52241-0156

What & Who: THEATRE: Englert Theatre
Location: 221 E. Washington St. – downtown Iowa City (Also mailing address) Costs? Admissions vary with performance; some reduced rates for seniors.
Comments: Performances: Contact for performance information. Call for free tours. Volunteers needed and welcomed in many roles.
Contact person & position: Nancy Mayfield – Marketing/Development Director
Phone, E-mail, web site: (319)688-2653 www.englert.org

What & Who: THEATRE: Eulenspiegel Puppet Theatre
Location: 319 N. Calhoun – PO Box 330- West Liberty, IA 52776
Costs? Admissions vary with performance – contact for details.
On bus? No; Parking available nearby? Yes.
Comments: Performances: Contact for performance information. Non-profit organzised to promote art of puppetry via performances & workshops. To Book a performance contact mallorys@Lcom.net ph. (319) 321-3808
Contact person & position: Monica Leo –Director – owlglass@avalon.net
Phone, E-mail, web site: (319)627-2487 – www.puppetspuppets.com

What & Who: THEATRE: HANCHER AUDITORIUM
Location: UI Campus – Park Road – Iowa City
CALL FOR INFORMATION:
HANCHER SITE WAS SEVERELY DAMAGED BY FLOODS, PERFORMANCE SITES ARE VARIED.
Costs? Admissions vary with performance – contact for details.
On bus? Yes; Parking available nearby? Yes. Handicapped accessible? Yes
Comments: UI’s performing arts center. Capacity – 2,500. ***Currently Closed for performances for flood of ’08, various venues are being used.*****
Phone, web site: (319)335-1160 or 1 (800)HANCHER – www.hancher.uiowa.edu

What & Who: THEATRE: Iowa City Community Theatre
Location: Johnson Co. 4-H Fairgrounds, Exhibit Hall, 4265 Oak Crest Hill Rd. IC
Comments: Three membership meetings per year; usually 5 shows per year. $15 gen. admission $13-Students/Seniors, $10-children
Contact person & position: Office Manager -9-2-T, Th, F. icct@avalon.net
Phone, E-mail or web site: (319)338-0443 www.iowacitycommunitytheatre.com
Mailing address: 4265 Oak Crest Hill Rd. SE - Iowa City, IA 52246
What & Who: **THEATRE: Riverside Theatre**  
**Location:** 213 N. Gilbert St. – Iowa City, IA. 52245  
**Membership required?** No; Riverdog Pass available for admission to performances. **Other fees?** Ticket discounts available for patrons aged 60 and over. **Group discounts also available.**  
**On bus?** Yes; **Parking available nearby?** Yes; **Handicapped accessible?** Yes.  
**Comments:** Classes offered/all ages; Volunteers welcomed for filing, ushering, etc. **Theatre offerings include annual Shakespeare Festival in lower City Park each summer at the 472 seat outdoor theatre.**  
**Contact person & position:** Box Office - 12-4 M-F/One hour before each show.  
**Phone, e-mail and web site:** (319)338-7672; info@riversidetheatre.org www.riversidetheatre.org

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What & Who: **READING-LITERATURE:**  
**Science Fiction League of Iowa Students**  
**Location:** Call Office of Student Life for current director: (319) 335-3059  
**Membership required?** No  
**Other fees?** Food/drink on your own  
**On bus?** Yes; **Parking available nearby?** Yes; **Handicapped accessible?** Yes.  
**Comments:** promotes science fiction. Discussion, fun. Seniors welcomed.  
**Contact person & position:** Josh Elliot - Director  
**Phone, E-mail or web site:** (319) 430-0647 www.sflis.org samhain@gmail.com

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What & Who: **READING-LITERATURE:**  
**Bibliophiles of Iowa**  
**Location:** c/o Special Collections, University of Iowa Libraries  
**Membership required?** No membership fee  
**Comments:** For anyone w/ a serious interest in books-preservation & collection  
**On bus?** Yes; **Handicapped accessible?** Yes.  
**Contact person & position:** Sid Huttner – director  
**Phone, web site:** (319) 335-5921 sid-huttner@uiowa.edu www.lib.uiowa.edu/spec-coll/about/iabibliophiles/index.html

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What & Who: **LITERATURE : Writing/Art/Music:**  
**Pen Women (Iowa City Branch of the National League)**  
**Membership:** Dues are $50.00 per year for combined National, State and Local dues. (March Payment)  
**Comments:** Group is concerned with writing, art, music. Meets 5/6 times yearly. The requirements for membership are to have published writings, artistic work in a show, or speaking presentations within past 3 years. Meets at Libraries (I.C./Coralville)  
**Contact person & position:** Sandra Hudson  
**Phone, E-mail or web site:** (319) 341-7166 www.culturalcorridor.org

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What & Who: **READING: Literature – Young Stamfords (Sherlock Holmes Society)**  
**Fees/tuition:** $2.21 (dinner optional)- Considers issues of Sherlock Holmes stories.
Comments: Meets twice yearly at local restaurants.
Contact: Richard Caplan
Phone, e-mail: (319) 466-3098 richard-caplan@uiowa.edu

What & Who: READING – Writing:
   Society of Children’s Book Writers & Illustrators
Location: Meet in the Iowa City/Coralville region; usually in public buildings
Membership required? Yes; membership is $75 the first year.
Comments: Beginner and professional writers. Many are seniors pursuing a hobby or a second career. It is affiliated with the national group.
Contact person & position: Dori Butler
Phone, E-mail or web site: (319) 337-9404 sludwig459@aol.com hecklit@aol.com
www.sebwi.org

What & Who: READING - Writing: Writers Group
Location: Meet twice monthly in members’ homes/public places ie. Hills Bank conf. room.
Membership required? Dues are $15 to University Club
Comments: This is a sub-group of the University Club.
Contact person & position: Millie Gelbaugh
Phone, E-mail or web site: (319) 351-9117 2702 Turner Ave NE – Iowa City

What & Who: READING/Library: Coralville Public Library
Location: 1401 5th Street – Coralville - 52241
Membership required? Free to all with library card from this or other libraries in the area. (Currently a fee for University Heights residents).
On bus? Yes; Parking available nearby? Free; Handicapped accessible? Yes
Comments: M-Th: 10-8:30; Fri – 10-6; Sat 9-4:30. Meeting rooms are available.
Phone, E-mail or web site: (319) 248-1850 www.coralvillepubliclibrary.org

What & Who: READING/Library: Friends of Coralville Public Library
Location: 1401 5th Street – Coralville - 52241
Membership required? Stop by the library and fill out a form.
On bus? Yes; Parking available nearby? Free; Handicapped accessible? Yes
Comments: FRIENDS provides staffing for special events, hold periodic used book sales to raise money to support libraries projects. Annual meeting in April.
Contact person & position: Sandi Herwig - President
Phone, E-mail or web site: (319) 351-3119 sandra-herwig@uiowa.edu
www.coralvillepubliclibrary.org/Friends.htm

What & Who: READING/Library: Iowa City Public Library
Location: 123 S. Linn St. – Iowa City - 52240
Membership required? Free to all with library card from this or other libraries
in the area. (currently a fee for University Heights residents).
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes
Comments: Hours: M-Th: 10-9:00; Fri: 10-8 Sat – 10-6; Sunday Noon-5. Several
meeting rooms are available.
Contact person & position: (319) 356-5200
Phone, E-mail or web site: www.icpl.org

What & Who: **READING: Iowa City Public Library Friends Foundation**
Location: 123 S. Linn Street – Iowa City, IA 52240
Membership required? No membership, fees or costs required.
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Friends Foundation fund-raises on behalf of the ICPL. Volunteer
opportunities with the Foundation are available for seniors in many areas.
Contact person & position: Patty McCarthy – Development Director
Phone, E-mail or web site: (319) 356-5249; pmccarthy@icpl.org; www.icpl.org

What & Who: **READING/Library: Lone Tree Public Library**
(with the elementary school)
Location: 303 S. Defoe Street – Lone Tree, IA 52755
Membership? Free to all with library card from this or other county library.
On bus? No; Parking available nearby? Free; Handicapped accessible? Yes
Comments: Hours: M-Th: 3:30 – 7:30 PM; Sat. 8:30-10:30 (during school year).-Public Hours
Contact person & position:
Phone, E-mail or web site: (319)629-4213 (Ask to be transferred to Library)

What & Who: **READING/Library: North Liberty Public Library**
Location: 520 W. Cherry St. – North Liberty, IA 52317
Membership ? Free to all with library card from this or other county library.
On bus? No; Parking available nearby? Free; Handicapped accessible? Yes
Comments: Hours: Mon. & Wed.: 9am-8pm; Tue. & Thur.:8am-8pm; Fri.:9am-7pm; Sat 10-5; Sun – 1-4 pm.
North Liberty Library, along with usual services, has a very large collection of
decorative cake-pans available for check-out.
Contact person & position: Dee Crowner – Head Librarian
Phone, E-mail or web site: (319)626-5701 www.northlibertylibrary.org
librldy@north-liberty.lib.ia.us

What & Who: **READING/Library: Friends of North Liberty Library**
Location: 520 W. Cherry St. – North Liberty, IA 52317
Membership required? Fees range $10/Student/Senior to $100/ Special Friend. Friend
$20, Fam. Friend $35, Business Friend $50
On bus? No; Parking available nearby? Free; Handicapped accessible? Yes
Comments: The Friends is a group dedicated to activities scheduled throughout the
year which help and support the library.
Contact person & position: Dee Crowner – Head Librarian
Phone, E-mail or web site: (319)626-5701  www.northlibertylibrary.org

What & Who: **READING/Library: Oxford Public Library**
Location: 112 N. Augusta Street – Oxford, IA  52322
Membership? Free to all with library card from this or other county library.
On bus? NO; Parking available nearby? Free; Handicapped accessible? Yes
Contact person & position: Wed 2-5pm; Fri 2-6pm; Sat. 9-11:30/1-4pm
Phone, E-mail or web site: (319) 828-4087

What & Who: **READING/Library: Solon Public Library**
Location: 320 W. Main Street – Solon, IA.  52333
Membership ? Free to all with library card from this or other county library.  On bus?
No; Parking available nearby? Free; Handicapped accessible? Yes
Comments: A 750 square-foot meeting room large enough to seat 80 people is available for the public to use (a $25.00 cleaning deposit is required.) Reservations must be made in advance. The Solon Reading Club is sponsored by the library and meets first Wed. of the month with reading lists available at the library. The library hopes to expand their adult programming this year to include several evenings with authors and speakers on local history. M-Thr. 12-8pm; Fri & Sat. 10-5pm
Contact person & position: Kris Brown - Librarian
Phone, E-mail or web site: (319)624-2678  solonlib@southslope.net

What & Who: **READING/Library: Tiffin Public Library**
Location: Springmier Community Library – 311 W. Marengo – Tiffin, IA - 52340
Membership required? Free to all with library card from this or other library in the area. (currently a fee for University Heights residents).
On bus? Yes; Parking available nearby? Free; Handicapped accessible? Yes
Comments: Hours: Mon. & Tue. 10am-6:30pm; W – 10-1:30; Th 10-7pm  F – 10-4; Sat. 11-2.
Contact person & position: (319)545-2960 springlb@southslope.net
Phone, E-mail or web site: www.cc-amana.k12.ia.us/parents_comm/hslibrary.html

What & Who: **READING/Library: University of Iowa Main Library**
Location: U of I Libraries - 100 Main Library – Iowa City, IA – 52242-1420
Membership required? Contact library staff for details
On bus? Yes; Parking available nearby? limited; Handicapped accessible? Yes
Phone, E-mail or web site: (319)545-2960 (information);
335-5867 (Administrative) – www.lib.uiowa.edu

Comments: Other University of Iowa Libraries are as follows:

**Art Library** *Moved Due to '08 Flooding* (319) 335-3089  lib-art@uiowa.edu
http://www.lib.uiowa.edu/art
Biological Sciences Library  (319) 335-3083  lib-biology@uiowa.edu
   www.lib.uiowa.edu/biology
Pomerantz Business Library  (319) 335-3077  lib-bus@uiowa.edu
   www.lib.uiowa.edu/biz
Chemistry Library  335-3085  lib-chem@uiowa.edu  www.lib.uiowa.edu/chem
Lichtenberger Engineering Library  (319) 335-6047  lib-engineering@uiowa.edu  www.lib.uiowa.edu/eng
Geoscience Library  (319) 335-3084  lib-geoscience@uiowa.edu
   www.lib.uiowa.edu/geoscience
Hardin Library for the Health Sciences  (319) 335-9151
   lib-hardin@uiowa.edu  www.lib.uiowa.edu/hardin
Mathematical Sciences Library  (319) 335-3076  lib-math@uiowa.edu
   www.lib.uiowa.edu/math
Law Library  (319) 335-9002  lawlib-ref@uiowa.edu
   www.law.uiowa.edu/library
Rita Benton Music Library  (319) 335-3086  lib-mus@uiowa.edu
   www.lib.uiowa.edu/music
Physics Library  335-3024  lib-phys@uiowa.edu  www.lib.uiowa.edu/physics
Psychology Library  335-3079  lib-psych@uiowa.edu  www.lib.uiowa.edu/psych

What & Who:  READING/Library:  West Branch Public Library
Location:  S300 N. Downey St. – PO Box 460 – West Branch, IA> 52358
Membership required?  Free
On bus?  No;  Parking available nearby?  Free;  Handicapped accessible?  Yes
Comments:  Mon.-Thur. Noon-8pm;  Fri. 10am-5pm;  Sat. 10am-2pm;  Sun. closed
E-mail or web site:  wbpl@Lcom.net  www.wbpl.org  ph. (319) 643-2633

What & Who:  SPORTS-Bicycling:  Bicyclists of Iowa City
Location:  Ride locations are listed in the Bicycle Post newsletter mailed to members
   (and available in limited quantities at local bike shops.  Rides are of various lengths
   and for various ability levels.
Membership required?  $20 fee - individuals; $30 - families.  No fee - rides.
Comments:  Everyone welcome to go on rides.  Helmets are required.  Rides on
   Saturday and Sunday in Winter months when temperature above 32 degrees.
   Rides on Spring/Summer weekends, also Wed. and Thurs, evenings.  Thursday rides
   are especially for people learning or re-learning to ride on low traffic streets and
   trails in the area.  Slower pace.  20 to 50 mile ride on Tuesday
   mornings in Summer.  Many in club made up of persons aged 50 and above.
Contact person & position:  Barb Goff – Co-vice-president (others on web site.)
Phone,web site:  (319) 351-8609 – bentrider@mchsi.com
   www.bicyclistofiowacity.org
Mailing Address:  BIC, P.O. Box 846, Iowa City, IA 52244
What & Who: **SPORTS: Boating and Fishing: Lake MacBride State Park**
Location: 3525 Highway 382 NE – Solon, IA 52333
Membership required? No - Fishing license required. Boat rental fees apply.
Comments: Lake Macbride is an angler's delight with an 812-acre artificial lake for fishing and boating. Pontoons, motorboats, canoes and paddle boats are available for rent near the beach. The boat rental number is 319/624-2315. A 10 horsepower motor limit is in effect on Lake Macbride from May 21 through September 7. At other times there is an unrestricted horsepower motor limit operated at a no-wake speed. Swimming, camping and hiking also available.
Phone, E-mail or web site: (319) 624-2200  Lake_Macbride@dnr.state.ia.us

What & Who: **SPORTS: fishing & boating in Johnson County area**
Location: various locations. Coralville Reservoir- 4 miles north of Iowa City; Lake Macbride – 4 miles west of Solon; Kent Park 2.5 miles west of Tiffin
Membership required? NO: State fishing license required age 16+; fee for camping, swimming
Comments: boat ramps, picnic areas, beach, trails, playground, restrooms and camping.
Contact: Iowa Department of Natural Resources (DNR) or staff on site

What & Who: **SPORTS-BOCCE:**
**BOCCE**
Location: The courts in Iowa City Lower City Park are available on a first come basis, or the courts can be reserved for certain times/dates. The map of the City Park can be viewed at http://www.icgov.org/parks/citypark.htm. There is no charge for reserving the courts, but the nearby shelter does have a reservation fee.

FLOOD DAMAGE IN THE PARK – CALL FOR PLAYING INFORMATION.

Membership required? $10 Mailed to Don Gatto, 1501 Broadway St., Iowa City, IA 52240  Possible tournaments fees that might be held during the Spring and Summer.
On bus? Yes; Parking available nearby? Free.
Comments: Bocce is a game that is very easy to learn. A small ball called the pallino or jack is first tossed, and has to go past the halfway mark on the court. The person tossing the pallino then rolls a ball trying to get as close as possible to the pallino. The second person then either tries to knock the first ball away, or tries to get closer to the pallino. Each player rolls two balls. The ball/s closest to the pallino scores. Games are usually played to 7 or 12. The game is played by 2-4 players. Bocce sets can be purchased at a cost of anywhere from $30-$125 or more. Since the City of Iowa City doesn't loan out bocce sets, you have to have your own.
Phone, E-mail or web site: (319) 321-1919 (between 8 AM and 8 PM) rgrassi@mshci.som  bocceiwacity-coralville@mchsi.com  www.bocceiwacity-coralville.com
What & Who: **SPORTS-BOWLING: Tuesday Seniors Bowling League**
Location: Colonial Lanes – 2253 Old Highway 218 S. – Iowa City
Membership required? Involves membership in the “USBC”
(United States Bowling Congress)
On bus? Yes; Parking available nearby? Free.
Comments: The group bowls every Tuesday afternoon at 1:30.
Meets from September to early April each year.
Contact person & position: Rosie Ryan – League Secretary
Phone, E-mail or web site: (319)626-2106  Colonial Lanes: (319)338-1573

What & Who: **SPORTS-BOWLING: Wednesday Seniors Bowling League**
Location: Colonial Lanes – 2253 Old Highway 218 S. – Iowa City
Membership required? Yes – League runs for 30 weeks – starts August.
On bus? No; Parking available nearby? Free.
Comments: The group bowls Wednesday afternoons.
Additionally, Colonial Lanes offers discounted rates for persons aged 55 and up on weekdays between 1-3:30pm. (75 cents).-Tu. & Thur-Open Bowling 1-5pm for seniors.
Contact person & position: Contact Brian at Colonial Lanes for additional info.
Phone, E-mail or web site: Colonial Lanes: (319) 338.1573

What & Who: **SPORTS CLUB: “I” Club of Johnson County**
Membership required? Yes
fee. Comments: All ages welcome. I-Club supporters loyalty and generosity help keep UI athletics successful and respected around the nation. I Club scholarships enable Iowa to recruit top athletes.
Contact: The University of Iowa Foundation
Phone, E-mail or web site: (319) 335-3305  - (800) 648-4450
www.hawkeyesports.com or iclub@uiowa.edu
Mailing address: P.O. Box 4550 – Iowa City 52244

What & Who: **SPORTS CLUB: Quarterback Club, Monday Morning**
Location: Meet 1st Monday at the Masonic Temple – 610 E. College – Iowa City
Membership required? Yes, approx. $150 year (includes catered lunches).
Open to all.
On bus? Yes; Parking available nearby? Yes; Handicapped accessible?
Comments: Informational, mainly sports oriented.
Contact person & position: John Raffensberger – president
Phone, E-mail or web site: (319) 338-8181

What & Who: **SPORTS - GOLF: Brown Deer Golf Course & Club**
Location: 1900 Country Club Drive – Coralville - 52241
Membership required? No.
Other fees? Green fees vary from $16-$31. Carts available.
For all ages. Eighteen holes. Club house, pro shop, bar, ballroom.
Contact person & position: Sean McCarty – Golf Pro
Phone, Email, web site: sean@browndeer.org  (319) 248-9300
hwww.coralville.org/BrownDeer/bdgolf.php

For all ages. Nine holes.
Contact person & position: Kevin Carr – General Manager
Phone, E-mail or web site: (319) 351-3700; elks590@elks590.org; www.elks590.org

For all ages. Nine holes.
Contact person & position: Rick Miller, Owner
Phone, E-mail or web site: (319) 643-2100; www.thegolfcourses.net/golfcourses/IA/13419.htm

Serves all ages. Eighteen holes.
Contact person & position: Chad Mejia – Golf Pro
Phone, E-mail or web site: (319) 335-9556; www.finkbine.com

Comments: This was formerly the Executive Women’s Golf Association.
Contact person & position: Pam Lee
Phone, E-mail or web site: (319) 338-0004

Comments: For all ages. Nine holes.
Contact person & position: Chad Mejia – Golf Pro
Phone, E-mail or web site: (319) 335-9556; www.finkbine.com

Comments: For all ages. Nine holes.
Contact person & position: Pam Lee
Phone, E-mail or web site: (319) 338-0004

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Phone, E-mail or web site: (319) 643-2100; www.thegolfcourses.net/golfcourses/IA/13419.htm

Comments: For all ages. Nine holes.
Contact person & position: Chad Mejia – Golf Pro
Phone, E-mail or web site: (319) 335-9556; www.finkbine.com
On bus? No; Parking available nearby? Free; Handicapped accessible? No
Comments: serves all ages. Eighteen holes.
Contact person & position: Scott & Lori Wood and Sue Hartsock – Owners.
Phone, E-mail or web site: (319) 351-9434;  
www.pasturegolf.com/courses/hipoint.htm

What & Who: SPORTS - GOLF: Lake MacBride Golf Course  
Location: 3891 Pro Road Northeast. Solon, IA. 52333  
Membership required? Yes, however it is open to Non-Members also.
Other fees? Varies, green fees $10 to $18. Carts available.
On bus? No; Parking available nearby? Free; Handicapped accessible? Partially
Comments: All ages. Nine holes.
Contact person & position: Tracy Hufford – Owner/manager
Phone, E-mail or web site: (319) 624-2500;  tracehuff@aol.com;  
www.thegolfcourses.net/golfcourses/IA/5494.htm

What & Who: SPORTS - GOLF: Pleasant Valley Golf Course 
Location: 4390 Southeast Sand Road (Gilbert St. Ext.), Iowa City, IA. 52240  
Membership required? No
Other fees? Greens fees vary from $13 to $27. Carts available
Comments: all ages. Eighteen holes.
Contact person & position: Thomas Hein – PGA Class A
Phone, E-mail or web site: (319) 337-2622;  golf@pleasantvalleyic.com;  
www.pleasantvalleyic.com/golf

What & Who: SPORTS - GOLF: Quail Creek Golf Course 
Location: 700 Club House Rd NE – North Liberty, IA. 52317  
Membership required? Membership optional; open to the public
Other fees? Green fees vary from $33 to $38. Carts available.
On bus? No; Parking available nearby? Free; Handicapped accessible? No
Comments: available for all ages. Nine holes
Contact person & position: Ted Lewis, Golf Pro
Phone, E-mail or web site: (319)626-2281;  www.thegolfcourses.net/golfcourses/IA/5456.htm

What & Who: SPORTS - GOLF: Saddleback Ridge Golf Course  
Location: 4646 180th St. NE – Solon, IA. 52333  
Membership required? No
On bus? No; Parking available nearby? Free; Handicapped accessible? No
Comments: All ages - Club House.
Contact person & position: Ron Ryshek, Proprietor; Kim Doherty, Golf Pro
Phone, Email, web site: (319)624-1477;  www.golfcourseportal.com/db_all/13483.php
What & Who:  SPORTS CLUB:  Horseshoe Club of Iowa City  
Location:  Meets at City Park – Iowa City May-August  
Membership required?  No.  Other fees?  $25 League Fee  
Comments:  For all ages  
Contact person & position:  Ron Swartzendruber – Iowa City Club Secret./Treasurer  
Phone, E-mail or web site:  (319) 354-2382  swartzie@aol.com  horseshoepitching.com

What & Who:  SPORTS - MOTORCYLING:  
American Legion Motorcycle Riders Association  
Location:  Meet at Coralville American Legion; 901 2nd St. – Coralville - 52241  
Membership required?  Membership in any American Legion Post, Auxiliary or Son of American Legion is required plus ownership of a 350 cc or higher sized machine plus proof of insurance.  
Other fees?  $15 membership fee in motorcycle Association.  
On bus?  Yes;  Parking available nearby?  Yes;  Handicapped accessible?  Yes  
Comments:  No age restriction;  Other restrictions as noted above  
Contact person & position:  Tom Connelly – Membership Committee  
Phone, E-mail or web site:  (319) 338-7413

What & Who:  SPORTS: MOTORCYCLING:  
Pure Stodge Touring Association - BMW Motorcycle Club  
Location:  Monthly meetings—3rd Sunday 9am Mid-Town #2 I.C.; various locations; rides from Gina’s BMW – 3 Escort Lane, Iowa City, IA. 52240  
Membership required?  Available; guests welcome  
Other fees?  Membership is $6 a year  
Comments:  
Contact person & position:  Gina Dusterhoft; Owner of Gina’s BMW  
Phone, E-mail or web site:  (319) 338-1404;  ginasbmw@aol.com ,  
www.ginasbmwmotorcycles.com

What & Who:  SPORTS - MOTORCYLING:  
Harley Owners Group (HOG)  
Location:  Meets at Hawkeye Harley-Davidson, 2812 Commerce Dr. – Coralville, IA  
Membership required?  Must first belong to National HOG organization ($40 a year).  
Other fees?  Local membership $15 a year.  
On bus?  No;  Parking available nearby?  Yes;  Handicapped accessible?  No  
Comments:  Open to all ages – meet at site above, then leave for rides.  
Contact person & position:  Mike Noble  
Phone, E-mail or web site:  (319) 545-7495  info@hawkeyehd.com  
director@hawkeyehogchapter.org  http://hawkeyehogchapter.org/index.html
What & Who: **SPORTS - MOTORCYCLING:**  

**Iron Pegasus Motorcycle Club** (all brands)  
Location: Regular meetings and rides starting from various locations  
Membership required? Membership fees - $10 a year.  
Other fees?  
On bus? NO; Parking available nearby? Yes; Handicapped accessible? No.  
Comments: Often meet at the old Highlander location; usually rides end with dinner; group also open to motorcycle enthusiasts who participate in an automobile.  
Contact person & position: Sandy F. – Membership –  
Address: 3061 170th St., Riverside, IA 52327- web site: [www.ironpegasus.org](http://www.ironpegasus.org)

What & Who: **SPORTS – Pickleball:**  

**Pickleball**  
“A Sweet Sport for Older Adults & Seniors”  
Location: North Liberty Rec. Center – 520 W. Cherry St. – No. Liberty - 52317  
Membership required? No  
Other fees? None at this time. Small fee will be charged at time of Pickleball tournaments.  
On bus? NO; Parking available nearby? Free; Handicapped accessible? Yes.  
Comments: Call for information about play times. Pickleball is a combination of tennis and badminton that is gaining popularity with older adults who want to stay active. Similar to ping pong, you can pick it up fast and have fun right away. Shot placement and playing strategy are more important than strength or athletic ability. This is for adults and senior citizens. You set up group and call to set up time.  
Contact person & position:  
Phone, E-mail or web site: (319) 626-5716 [www.northlibertyiowa.org/rec/](http://www.northlibertyiowa.org/rec/)

What & Who: **SPORTS: Sailing Club of Iowa**  
Location: sails on Lake MacBride.  
Membership required? Yes. Fees vary for students, family or the general public. (approx. $100 year for general public)  
Other fees? Boathouse key fee.  
Comments: Open to the public. Purpose to provide boats & instruction to students and community members. Teaching weekends available at the start of each sailing season. The club owns 45 sailing boats. Cruising classes also offered periodically.  
Contact person & position: Pat Kresch- Commodore  
Phone, E-mail or web site: [www.IOWASAILING.org](http://www.IOWASAILING.org) Or write: Iowa Sailing Club  
PO Box 10142 - Iowa City, IA 52242. Membership application available at:  
[www.iowasailing.org/membership/memberform.pdf](http://www.iowasailing.org/membership/memberform.pdf)  
patrick-kresch@uiowa.edu

What & Who: **SPORTS: Hawkeye Skating Club**  
Location: Coral Ridge Mall – 1451 Coral Ridge Avenue – Coralville 52241  
Membership required? Individual membership - $110 individual plus 15% per additional family member. Discount fee for college students and seniors 60 and over
is $55. Anyone is welcome to join.
Other fees? Membership provides reduced rate entry and lessons at Coral Ridge Ice Arena.
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Recreational & competitive club – members range from age 3 to 80 and are at all skill levels. Additionally, Club Ice Time is on Wednesdays at 5:45-6:45pm - $4.00 Open to those 18 years and up – Fee $9.
Contact person & position: Noli Mendoza- President
Phone, E-mail or web site: (319)-354-7870 www.hawkeyeskatingclub.org or www.coralridgeice.com/ president@hawkeyeskatingclub.org nolimendoza@aol.com

What & Who: SPORTS: Iowa City Tennis Association
Membership required: No membership fees
Comments: Sponsors Midlands Tennis Tournament for Juniors and Adults – which has an age 75+ competition category. Profits go to underprivileged kids in IC area. Also a "club team" in town (junior high)
Contact person & position: Fred Pederson - Director
Phone, E-mail or web site: c/o North Dodge Athletic Club (319) 351-5683 2400 N. Dodge Street – Iowa City

What & Who: SPORTS: University of Iowa Athletic Department
Location: 205 Carver Hawkeye Arena – Iowa City
On bus? Yes; Parking available nearby? Yes; Handicapped accessible? Yes.
Comments: Go Hawks! Call for Big Ten sports information.
Phone, E-mail or web site: (319) 1-800-IA-HAWKS www.hawkeyesports.com

What & Who: TRIPS/TRAVEL: Elderhostel
Location: travel sites vary – world-wide – call, write or email for free catalog detailing trips available
Membership required? No Other fees? Costs vary by trip.
Comments: Elderhostel is a not-for-profit educational and travel organization for retirement aged adults. There are three types of catalogs: US and Canada, International and Adventures Afloat are published three times per year.
Phone, E-mail or web site: 1-800-454-5768 www.elderhostel.org
Mailing Address: Elderhostel – 11 Avenue de Lafayette – Boston, MA 02111

What & Who: TRIPS/TRAVEL: Hills Bank Friends Club
Location: travel sites vary – call for catalog
Membership required? Must be bank customer; balances apply
Other fees? Costs vary by trip.
Contact person & position: Any Hills Bank Location
Phone, E-mail or web site: (319) 679-2291 www.hillsbank.com
What & Who: TRIPS/TRAVEL: Midwest One Connections Club
Location: travel sites vary – call for information.
Membership required? Must be a bank customer.
Comments: costs vary by trip
Contact person & position: Jenny Olsen
Phone, E-mail or web site: (319) 356-5800  www.isbt.com/

What & Who: TRIPS/TRAVEL: Trips and Tours
Location: Operates out of Iowa City/Johnson County Senior Center. 28 S. Linn Street – I.C. - travel sites vary – call for information
Membership required? Senior Center membership not required for this activity.
Comments: Costs vary by trip. Trips and Tours arranged by phone.
Contact person & position: Maryanne Colony
Phone, E-mail or web site: (319) 354-5277

What & Who: TRIPS/TRAVEL: UI Alumni Association/Iowa Voyagers
Location: travel sites vary – call for information
Comments: costs vary by trip
Contact person & position: Diane Baker
Phone, E-mail or web site: 1-800-469-2586  www.iowalum.com/voyagers/

What & Who: TRIPS/TRAVEL: U of I Credit Union/Prime Club
Location: travel sites vary – call for information
Membership required? Must be a customer and age 50 +
Comments: costs vary by trip – various other club benefits apply. Call Carol at (319) 358-5600 for reservations
Phone, E-mail or web site: (319)339-1000  www.uiccu.org/personal/prime-club.html

Location: travel sites vary – call for information
Membership required? Must be a customer.
Comments: costs vary by trip
Contact person & position: Pat Milder
Phone, E-mail or web site: (319) 356-9013

What & Who: TRIPS/TRAVEL: Windstar Lines Casino Tours
Location: travel sites vary – call for information
Membership required? No – small cost
Comments: Casino trips only – convenient local pick-up sites with parking.
Contact person & position:
Phone, E-mail or web site: 1-888-494-6378  www.gowindstar.com/info@gowindstar.com
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Voices of Experience

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Coralville Lake
Iowa City Bird Club
Songbird Project
Dogs: Off Leash Dog Park
Fly Fishers
Fishing in Johnson County
Hawkeye Hikers
Izaak Walton League - Johnson Co.

Johnson Co. Heritage Trust
F.W. Kent Park
Lake MacBride
Pheasants Forever
Sierra Club

ORGANIZATIONS  PAGE 33
AARP of Johnson Co.
Aging & Disability Resource Ctr.
    (ADRC)
Animal Shelter Volunteers
Cosgrove Institute
Council of International Visitors
Eagles Lodge
Elks Lodge
Foreign Relations Council
Heritage Area Agency on Aging
Iowa Citizen Action Network
Iowa City Genealogy Society
Johnson Co. Task Force on Aging
Johnson Co. Livable Community for Successful Aging Initiative
Johnson Co. United Nations Assoc.
    /Iowa United Nations Assoc.
Living Well with a Disability
Mick’s Workshop
Moose Lodge
Jo. Co. Retired School Personnel
Retired Federal Employees,
    Old Capitol Chapter
U. I. Retirees Assoc. (Gray Hawks)
U of Iowa Alumni Association
U of I Alumni  www.oniowa.com
Free Lunch Program
Iowa City Hospice Volunteers
Mercy Hospital Guild
Off Road Riders
Our Lord’s Soup
RSVP (Retired Senior Volunteer Program)
Senior Advocates, Inc. of Solon
STAR/Seniors Together in Aging Research
Swisher Legion Auxiliary
WiderNet Project
Women’s Improvement League/Swisher
Humanities IOWA
Political: Johnson Co. Democrats
FAIR
Political: Green Party
Political: League of
Women Voters
Political: Republican Women
American Association of
University Women
Iowa Women’s Foundation
National Organization for Women
Theatre Support Group: Hancher

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City Circle Acting Company
Englert Theatre
Eulenspiegel Puppet Theatre
Hancher Auditorium
Iowa City Community Theatre
Riverside Theatre

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LITERATURE  Page 46
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Bibliophiles of Iowa
Pen Women
Young Stamfords/
Sherlock Holmes Society
Society of Children’s Book Writers
Writer’s Group
Coralville Public Library
Coralville Library Friends
Iowa City Public Library
Iowa City library Friends
 Lone Tree Public Library
North Liberty Public Library
North Liberty Library Friends
Oxford Public Library
Solon Public Library
Tiffin Public Library
University of Iowa Libraries
West Branch Public Library

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Bicyclists of Iowa City
Lake McBride State Park
Fishing & Boating in Johnson Co.
Bocce

Seniors Bowling Leagues
“T” Club of Johnson County
Quarterback Club, Monday
Brown Deer Golf Course & Club
Brown Deer Women’s Golf League
Elks Country Club
Fox Run Golf Course
U of I. Finkbine Golf Course
Hi-Point Golf Course
Lake MacBride Golf Course
Pleasant Valley Golf Course
Quail Creek Golf Course
Saddleback Ridge Golf Course
Horseshoe Club of Iowa City
American Legion
Motorcycle Riders
Pure Stodge Touring Association
Harley Owners Group (HOG)
Iron Pegasus Motorcycle Club
Pickleball
Sailing Club of Iowa
Hawkeye Skating Club
Iowa City Tennis Association
UI Athletic Department

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Elderhostel
Hills Bank Friends Club
Midwest One Connection Club
Trips ‘N Tours-Senior Center
U of I Alumni Assoc.
Iowa Voyagers
U of I Credit Union Prime Club
US Bank Silver Elite Club
Windstar Lines Casino Tours
The original Activities Booklet was prepared by volunteers from the AARP Chapter # 1816 of Johnson County, IA. It is updated at this time by the Johnson County Livable Community For Successful Aging Initiative in partnership with the Johnson County Council of Governments (with special thanks to Scott Evans), the Johnson County Board of Supervisors, the Johnson County Task Force on Aging and Johnson County AARP Chapter. To the best of our knowledge, the information contained is correct at the time we retrieved it. While we have made every effort to be thorough, we may have missed some of the many diverse activities available in Johnson County, Iowa.

First Printing: January 2006;
Second Printing May 2006
Third printing May 2009

Please report any changes, corrections or additions to us at:

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