IN COOPERATION WITH THE SCHOOL DISTRICTS OF

BENNETT COMMUNITY
NORTH CEDAR COMMUNITY
TIPTON COMMUNITY
WEST BRANCH COMMUNITY

KRYSTI BLACK, COUNTY DIRECTOR (563-886-3101)
JANICE WILSON, CONTINUING ED COORDINATOR

FAMILY/HOME/FINANCE

COSMETOLOGY
Spring/Summer Trend and Two Hours of Iowa Law  $39
Discover the latest haircut with platform artist Bobbi Behrens. Approved for two hours of continuing education credit and two hours of Iowa law for cosmetologists, barbers and nail technicians.
T Tipton Center Rm. 305  6:00PM-10:00PM

FOODS AND ENTERTAINING
Dinner by the Dozen  $35
What if you could prepare 12 healthy meals for your family in only two hours? With Dinner by the Dozen, you can. The first session is spent sampling menus and choosing your 12 meals. Your instructor will do all the shopping, chopping, dicing and cleaning before the second session. During the second session, you will assemble your menus in approximately two hours in a friendly, fun environment. You get to go home with 12 meals ready to freeze. All you have to do is thaw and finish cooking during the next week. Materials fee $150.
TH Cookson Community Center Rm. KITCHEN  6:30PM-8:30PM
SU Cookson Community Center Rm. KITCHEN  2:00PM-4:00PM

PERSONAL & FAMILY DEVELOPMENT

Set Up Play Areas for Children  $19
Well designed play areas can make a big difference in the way children play and interact with games and toys. How do you organize toys and games so children will enjoy them? Discover how to organize play areas, creative ways to display toys, space saving ideas and cost effective toy storage.
T Tipton Center Rm. 305  6:30PM-8:30PM

GENERAL INTEREST

CRAFTS
Stained Glass  $29
If you ever thought about learning to work with stained glass, now's the time to get started! Come join us and learn the basics you need to start your journey into the exciting and creative world of stained glass. It will be fun and hands on. We will make a small flat panel using lead came, and a small votive candle shade, using copper foil. You will also receive a wealth of information to send you on your way to create your own projects. Materials fee of $50 must be paid to the instructor on the first day of class. You will need to bring your own tools. A tool list of what is needed for class is provided when you register at the Kirkwood Tipton Center.
SU Tipton High School Rm. ART  1:00PM-3:00PM

RECREATION

AEROBICS/EXERCISE
Turbo Kick  $39
This class combines non-contact kickboxing with great music to burn a ton of calories and strengthen your core. Come and shake, punch and kick yourself into a new body. You will have so much fun you will forget you're working out. Suitable for ages teen-adult.
MTH Tipton Elementary School Rm. GYM2  6:30PM-7:30PM

TRANSPORTATION AND SAFETY

MOPED RIDER EDUCATION
Moped Operator Course  $39
This course will get you ready to ride your moped! Iowa Department of Transportation (IDOT) requires a person at least 14 years of age who does not have a drivers license to complete an approved moped operator course. This course will cover safety, rules of the road and laws governing mopeds. Bring a sack lunch to class. Vending machines available. Parents, please PLAN AHEAD, these classes are limited! Register one week in advance.
S Tipton Center Rm. 303  8:00AM-2:30PM

HEALTH

NURSING CONTINUING EDUCATION
Child Abuse and Mandatory Reporting  $29
What are your obligations as a mandatory reporter? Are you interested in learning about the investigation, identification and legalities of child abuse?
This program is approved by the Iowa Department of Public Health, #25.
T Tipton Center Rm. 305  6:30PM-8:45PM
Dependent Adult Abuse and Mandatory Reporting  $29
Are you aware of your obligations as a mandatory reporter of adult abuse?
Diana Nichols-Blomme will share the latest updates on mandatory reporters of suspected adult abuse and/or neglect, of their roles and responsibilities, as well as recognition of abuse.
This program is approved by the Iowa Department of Public Health, #163.
T Tipton Center Rm. 305  6:30PM-8:45PM

Dinner by the Dozen

Let someone else do the shopping, chopping and cleaning! All you have to do is prepare meals and fill freezer containers for 12 nutritious meals to take home to your family.
See page 64 for more details.

Training for Mandatory Reporters of Child Abuse and Dependent Adult Abuse $35
It is the role and responsibility of all persons who in the course of employment, examine, attend, counsel, or treat children and dependent adults to protect them from harm perpetrated by others. The goal of this course is to increase the knowledge and awareness of child and dependent adult abuse. This course meets the two-hour training requirement for mandatory reporter training for those who work with both children and dependent adults on a regular basis. It does not meet the training requirements for persons who work with only one population and not both children and adults. This curriculum is approved by the Iowa Department of Public Health Abuse Education Review Panel #2032, approved 8/4/2006-2009.
T Tipton Center Rm. 305  6:00PM-9:15PM
# YOUTH RECREATION PROGRAMS

**Preschool Soccer**  
$25  
If you want your child to enjoy soccer, make new friends and playing a fun sport, sign up today! Everyone gets to play at least half of every game. Parents are encouraged to promote good sportsmanship and show the importance of having fun without winning every game. Practices/games will be played on the field east of the Tipton High School (Plum St. playground). Register between February 16 - March 6, 2009, at the Aquatic Center. For more information, call Adam Spangler at 563-886-2271.

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**Kindergarten-First Grade Soccer**  
$25  
If you want your child to enjoy soccer, make new friends and playing a fun sport, sign up today! Everyone gets to play at least half of every game. Parents are encouraged to promote good sportsmanship and show the importance of having fun without winning every game. Register between February 16 - March 6, 2009, at the Aquatic Center. For more information, call Adam Spangler at 563-886-2271.

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**Second-Third Grade Soccer**  
$25  
If you want your child to enjoy soccer, make new friends and playing a fun sport, sign up today! Everyone gets to play at least half of every game. Parents are encouraged to promote good sportsmanship and show the importance of having fun without winning every game. Register between February 16 - March 6, 2009, at the Aquatic Center. For more information, call Adam Spangler at 563-886-2271.

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**Fourth-Sixth Grade Soccer**  
$25  
If you want your child to enjoy soccer, make new friends and playing a fun sport, sign up today! Everyone gets to play at least half of every game. Parents are encouraged to promote good sportsmanship and show the importance of having fun without winning every game. Register between February 16 - March 6, 2009, at the Aquatic Center. For more information, call Adam Spangler at 563-886-2271.

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