8.0 BBP POST-EXPOSURE EVALUATION & FOLLOW-UP:

Bloodborne pathogen exposure is defined as contact (skin, eye, mucous membrane or parenteral) with:

- Blood
- Body tissues or organs
- Semen
- Vaginal secretions
- Amniotic fluid
- Cerebral spinal fluid
- Pericardial fluid
- Peritoneal fluid
- Pleural fluid
- Synovial fluid

or other body fluids containing visible blood through injuries from contaminated sharps, breaks in the skin, skin conditions or mucous membranes.

OSHA requires documentation of the route of exposure, circumstances in which it occurred, identification and documentation of the source individual (if feasible), testing of the source individual’s blood for HBV and HIV infectivity if feasible and unknown upon exposure, notification of results of the source HBV and HIV status to the exposed employee (within applicable state laws / regulations), collection and testing of the exposed employees blood for HIV and HBV, documentation of follow-up treatment including test results, prophylactic medications, counseling and evaluation of reported illnesses.

At KCC, Campus Health is responsible for retaining all of the above documentation as part of the employee’s medical file. Communication with the exposed employee about testing, vaccination and medical conditions resulting from exposure should be discussed and instructions provided in writing within 15 days of exposure.

Procedures Following an Exposure:

Low risk BBP exposure: When the potential for transmission of infectious agents is unlikely or non-existent. This includes contact with urine, saliva, tears, sweat, sputum and stool which contain no obvious blood, puncture or laceration from sharps not contaminated with blood or body fluid, exposure of blood to intact skin, or puncture from a hollow point needle used to administer fluids or medications into an IV line if no blood is visible in the IV tubing.

Treatment: For these exposures, wash the affected area immediately. Your intact skin is a protective barrier and follow up care is not necessary. Complete the Kirkwood Community College Illness and Injury Report form and notify Campus Health of your low risk exposure.
**High risk BBP exposure:** When the incident poses a significant potential for the transmission of infectious agents. This includes a break in the skin from any kind of a sharp (needle, lancet, glass, surgical instrument) that is contaminated or likely contaminated with blood or body fluid / tissue, contact with blood or body fluid into an open skin lesion, splashes of blood or bloody material into or very near the eyes, nose, or mouth, CPR with direct mouth to blood contact, and any other situation where there is a high probability of contamination.

**Treatment:**

- Wash the affected area immediately and thoroughly with soap and water.
- Report the incident to a clinical instructor or supervisor after cleaning the area.
- For students, the clinical instructor will notify the clinical area supervisor of the incident.

- The student should go to the ER of the facility in which the exposure occurred EXCEPT for UIHC for testing. If at UIHC between the hours of 7-4:30pm M-F the student needs to contact UEHC at 353-8753 to report exposure. If the exposure occurs outside of these clinic times the student will need to contact UIHC Emergency Department at 356-2233 to report the exposure. If a student is at a facility that does not have an ER they should go to the nearest ER that their personal insurance is covered by.

- The clinical instructor or supervisor will start the following paperwork and send this with the student / staff to the emergency room:
  - A copy of the Kirkwood Community College Illness and Injury Report form.
  - Body Fluid Exposure - Risk Management Form
  - Name, address and phone of the source person (person who's blood or body fluid you came in contact with, as they will be tested as well)

- Student and/or source testing should be billed to the student with copies sent to:
  Lara Buckles, Risk Management Specialist
  Kirkwood Community College
  Kirkwood Hall, 2nd Floor
  6301 kwood Blvd SW
  Cedar Rapids, IA 52404

- The exposed student must submit the above information to Campus Health at 132 Iowa Hall via fax 319-398-7114 or e-mail fhealth@kirkwood.edu within 24 hours of the exposure. Failure to submit these forms to Campus Health may cause the student to be billed individually for the costs of the emergency room visit and lab fees. If additional follow-up care and lab testing is necessary, the student should coordinate follow-up visits with a health care provider of their choice. For students in qualified high risk programs, Kirkwood carries a limited medical coverage policy with limits of $1,000 per student with a $10 deductible that is the student’s responsibility. The paperwork must be submitted and accepted before Kirkwood becomes responsible for any payment of bills. We do not guarantee the bills will be taken care of.

- OSHA requires all evaluations, follow-up, prophylactic treatment and testing be made available at no cost to the employee.