
2014 East Central Iowa Safety & Health Conference

Thursday, February 27, 2014
The Kirkwood Center, 7725 Kirkwood Blvd. SW,
Cedar Rapids, Iowa
9 a.m.–4 p.m. | Registration: 8:30–9 a.m

Kirkwood Community College welcomes you to the third annual **East Central Iowa Safety and Health Conference**. This one-day event is dedicated to meeting the safety and health training needs of business and industry, and will feature keynote and breakout sessions with speakers from business, contractor, education and health care industries.

An exhibition hall with vendors and organizations featuring the latest products and services in health and safety will be available to conference attendees. This conference is an excellent opportunity to network with peers across eastern Iowa.

Keynote Speaker | Joe Torrillo

Buried alive twice on September 11, 2001, this smart, funny, and now retired FDNY Lieutenant will share his amazing stories and strong messages that you will never forget. Joe travels the world as a professional speaker with a quest to make our country the “Re-United States of America,” resurrecting patriotism, trumpeting the men and women of the Armed Services, mentoring adolescents, and inspiring audiences of all sizes to embrace change and never give up on their dreams.

ETHM-5000-50240

Tuition | \$99 | Lunch included

CEUs available upon request.

Visit www.kirkwood.edu/safetyconference
for speaker biographies.

Conference Schedule

Thursday, February 27, 2014

8:30–9 a.m. [Registration](#)

9-9:10 a.m. [Welcome/opening remarks](#)

Kim Johnson-Becicka,
vice president, Kirkwood Community College

9:10-10:50 a.m. [Keynote speaker](#)

Buried Alive With the Will to Survive:

From Devastation to Inspiration | Joe Torrillo

Buried, crushed and bleeding beneath tons of rubble of the South Tower on 9/11, Joe Torrillo wondered what life could be if given just one more day. He was miraculously found alive by rescue workers with multiple fractures, a massive brain injury and barely breathing. Within 10 minutes of being rescued, Joe was buried again under the debris of the second collapse of the North Tower. Joe now travels the world sharing his amazing and inspirational story of survival. A real and regular person, he shares his lessons of managing fear under the most horrible situations. The lessons Joe learned on and after September 11, 2001, will inspire you to thrive through change under any circumstance, and to accept and handle unexpected stress and adversities—redirecting them with positive empowerment toward reaching your goals and dreams.

10:50-11 a.m. [Break](#)

11-11:50 a.m. [Breakout sessions](#)

Agriculture Safety | LaMar Grafft

This session is an introduction to the most dangerous occupation in the United States—agriculture. We will discuss the work conditions, behaviors, work habits and machinery design that combine to give agriculture this designation. Through the use of photos and scenarios, audience members will gain a better understanding of why these incidents occur, and provide insight to reducing those risks.

Globally Harmonized System of Classification and Labeling of Chemicals (GHS): What Does This Mean Now?

Mike Whitmore

In this session, we will share tips on meaningful application and interpretation of the guidelines for those that create and use Material Safety Data Sheets (MSDS). Learn about whom GHS affects and what's next.

Ergonomics | Darren Smiley

This session will provide a simple review of the common causes and effects of ergonomic injuries, with a discussion of proven solutions for the control of muscle injuries.

Safety and Security | John Schwertfeger

Ensuring the safety of employees and others on business property is of the utmost importance, especially in high traffic or unattended areas of a business. In this session, John Schwertfeger will draw on his extensive background from military tactics and law enforcement fire-arms training to surveillance and vehicle barrier design/configuration.

Police/Fire Panel

Join representatives from the Coralville Police Department, Cedar Rapids Fire Department, Mercy Iowa City and the Duane Arnold Energy Center as they discuss what you can do to be prepared for an emergency. They will talk about ways to effectively work with emergency responders before and during an incident.

11:50 a.m.-1 p.m. [Lunch/vendors](#)

1-1:50 p.m. [Breakout sessions](#)

Designer Drugs and Energy Drinks in the Workplace

Dr. Josh Pruitt

Learn about the various designer drugs that are present in today's workplace. Understand the effects of using these new drugs and the impact they can have. The use and abuse of energy drinks will also be discussed.

OSHA Top 10 Construction Industry Violations | Mike Whitmore

Discuss the most frequently cited violations in the construction industry and what you can do to avoid them.

Behavior Based Safety | Jose Gongora

This session will discuss how Kinze Manufacturing has developed an employee owned BBS system to identify and correct at-risk behaviors, which has resulted in the reduction of near miss incidents and recordable and lost time rates.

Training Tips | Aaron-Marie Thoms

When you train your employees on safety, are your front rows the first to fill? Do people cheer at the end of your presentations? Do they stay awake? Safety is a challenging topic to teach, no matter how skilled the trainer! However, by brushing up on a few simple techniques, you can build awareness, momentum, understanding, and best of all, motivation from your crowd to make sure your message sticks. Join us for a power-packed session on how to add some spunk to your safety talks in order to effectively spread your message of maintaining safety at the workplace.

Safety Committee Panel

Join representatives from local companies as they discuss the benefits of having a safety committee. They will share ideas on how to keep your committee engaged over time along with ways committees can help keep your organization safe.

1:50-2 p.m. [Break](#)

2-2:50 p.m. [Breakout sessions](#)

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Workers' Comp 101 | Mike Roberts

Have you recently assumed responsibility for workers' compensation claims in your employment position? Have you delved into workers' compensation issues without an adequate background? This session will provide an overview of how to handle workers' compensation claims including prompt reporting, case management, return-to-work plans and root cause analysis.

Working Within a Union Organization Panel

Join a panel of local professionals as they discuss how the union impacts safety within their respective organizations.

2:50-3 p.m. [Break](#)

3-4 p.m. [Closing keynote/remarks](#)

A Survivor's Story on the Importance of Electrical Safety

Brandon Schroeder

On August 24, 2011, Brandon Schroeder was conducting a routine job activity he had done over 100 times. Had someone shown him this presentation that near fatal day would have had a very different outcome. Brandon was involved in a preventable and life threatening Arc Flash accident. He will recount what went wrong, his post-accident recovery and lessons learned. Brandon's story of survival calls attention to real life dangers and consequences faced on a daily basis. His accident serves as a vivid reminder to stop, think and act safely.

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