Kirkwood Training & Outreach Services is your resource for commercial transportation training. We provide industry-responsive driver and safety training that meets the growing needs of the transportation sector for ready-to-work new employees and advanced and refresher level training for your current staff.

Transportation and safety skills training courses include:

**CLASS A TRAINING**
Provides the necessary training to operate a Class A commercial vehicle safely and professionally. For participants with little or no professional driving experience.

**CLASS A REFRESHER**
Provides refresher Class A training. For participants with a Class A license who need an update.

**CLASS B TRAINING**
Provides the necessary training to operate a Class B commercial vehicle safely and professionally. For participants with little or no professional driving experience.

**CLASS B REFRESHER**
Provides refresher Class B training. For participants with a Class B license who need an update.

(continued on reverse)
HOURS-OF-SERVICE (HOS)
Updates drivers on the Hours-of-Service regulations required by the Federal Motor Carrier Safety Administration.

HAZMAT TEST PREP
Get an overview of the FMCSA requirements for transporting hazardous materials by highway. Helps individuals prepare for the Iowa DOT written test.

LOAD SECUREMENT
Provides training on how to secure loads in refrigerated trailers, dry-van trailers and flatbeds.

YARD TRUCK SAFETY TRAINING
Provides training on how to back, turn, and drop and hook using a yard truck.

DOT TEST PREP
Get help preparing for the required DOT tests for a commercial license.

TRIP PLANNING
Learn proper map use and trip planning using the most efficient routes possible.

COACHING THE PROFESSIONAL DRIVER
Individual training to enhance and encourage skillful driving performance.

FORKLIFT TRAINING
Hands-on training and testing in various types of lifts, lift-truck operations and inspection of lift trucks. Participants will receive certification meeting OSHA requirements upon successful completion.