2011 – 2012 KIRKWOOD CHEERLEADING TRYOUT INFORMATION:

DATES: Option 1: Sunday, May 1st
       Option 2: Sunday, May 8th

TRYOUT LOCATION: Kirkwood’s Michael J. Gould Recreation Center is located on the Main Campus in Cedar Rapids, 6301 Kirkwood Blvd SW, Cedar Rapids, IA 52406. A campus map is enclosed for further information about our campus. Directions from campus are as follows from Interstate 380:
   Take Highway 30 exit.
   Take Kirkwood Boulevard exit.
   Turn right (South) on Kirkwood Boulevard approximately .5 miles.
   Turn left at Kirkwood’s North Entrance.
   Michael J. Gould Recreation Center has parking is directly in front of the building.

TRYOUT AGENDA: On either Sunday, please be at Kirkwood’s Michael J. Gould Recreation Center at 8:30am for registration and warm-up. Tryout practice will begin promptly at 9:00am and will run to approximately noon. There will be a one hour lunch break from 12:00 – 1:00, and tryouts will begin promptly at 1:00pm. The Rec Center has vending available for beverages, but no food, so please bring your own lunch or plan to go off campus for lunch. When you are done trying out, you may leave Kirkwood. The advisors will be contacting those who make the team by phone the week of May 9th.

TRYOUT CRITERIA: On the day of tryouts, prospective cheerleaders will learn a short dance, a cheer, and a sideline chant. Other skills including jumps and tumbling will be demonstrated during the tryout. You must be able to perform advanced jumps (toe-touch, front and side hurdlers, pikes, etc.) and be able to perform multiple jumps in a row. Tumbling demonstrated should be at least a back handspring or higher. Stunting and/or competition experience is desired. Proper motion technique and cheerleading experience is expected.

Insurance information is required to bring with you as all of our applicants will need to sign a waiver for participation. Please bring information on your insurance coverage on the day of tryouts.

PROPER ATTIRE: Plain white t-shirt and black or navy cheer shorts (basketball shorts or pants should not be worn). Cheerleading shoes may be worn, but no school affiliation or logos may be shown on your clothing. Tank tops are not allowed, and shirts should be tucked in. Hair needs to be up and out of your face, and white bows may be worn. Headbands and colored bows should not be worn. Numbers will be given to all prospective cheerleaders to wear during the tryout process.

*Please remember to pre-register online at www.kirkwood.edu/cheerleading or contact Sharon Blanchard at Sharon.Blanchard@Kirkwood.edu, or Brandy Mefferd at Brandy.Mefferd@Kirkwood.edu with any questions.

We hope to see you on May 1st or May 8th. GO EAGLES!!!