



Compare your coverage options.

Did you know? During your annual enrollment period, you may enroll in any health plan offered by MIIP, even if you previously waived coverage.

Plans effective 7/1/23-6/30/24





Words to know

Not sure what something means? Refer to page 7 for a glossary of terms.



"Do I have to meet my full deductible before my plan pays?"

If you stay in network, you won't have to meet your deductible for many common health care services. You'll pay nothing for preventive care and for Doctor On Demand® visits, and you'll only owe a copay for:

- Office visits
- Telehealth appointments
- Chiropractic care

However, you will have to meet your deductible before your plan pays benefits for:

- Emergency room care
- · Inpatient or outpatient hospital care
- · Skilled nursing care
- Home health care or medical equipment

See the charts on the following pages or visit Wellmark.com for details.

Plan costs

	HMO Essential	PPO Choice	PPO Premier
Coverage	lowa only	Nationwide	Nationwide
Annual deductible	Single \$2,000 Family \$4,000	Single \$1,250 Family \$2,500	Single \$750 Family \$1,500
Out-of-pocket maximum (OPM): Medical	Single \$4,000 Family \$8,000	Single \$3,500 Family \$7,000	Single \$2,500 Family \$5,000
	Medical and pharmacy OPMs are two separate amounts. See page 6 for pharmacy OPM.		

Where you can get care

Plan

Coverage

Network



lowa only

Care is covered at in-network providers across lowa and in some surrounding counties. Emergency care is covered out of state. For non-emergencies, only care from Doctor On Demand is covered.

Long-term travel

Dependent children attending college, long-term travelers, and families living apart may be covered through guest memberships. Call the customer service number on the back of your Wellmark ID for information about guest memberships.



Blue Access® network

You are not required to designate a primary care physician.

You may see any provider in the Blue Access network. No referrals are required.

If you go out of network, your care will not be covered. and you will pay the full cost.



"Did you know?"

If you have a planned procedure coming up, you can use myWellmark® to shop for affordable care. Register or log in at myWellmark.com to look up costs at quality providers near you.



PPO Choice PPO Premier

Worldwide

Care is covered at in-network and out-of-network providers in Iowa, as well as across the U.S. and around the world.

Care while traveling

If you need care when traveling and you receive services from a physician or hospital designated as a BlueCard® PPO provider, vou'll be covered by benefits based on the local Blue plan's negotiated rates.



Alliance Select™ network

You are not required to designate a primary care physician.

You may see any provider you choose. No referrals are required.

You will pay less out of pocket if you go to an in-network Alliance Select provider.

To locate an in-network provider, go to Wellmark.com/Finder.



Cost share details

	HMO Essential	PPO (Choice	PPO P	remier
Coverage	lowa only	Nationwide		Nationwide	
		IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK
Preventive care	No cost to you	No cost to you	Deductible then	No cost to you	Deductible then
Office care	\$35 copay	\$25 copay	30% coinsurance	\$20 copay	20% coinsurance
Doctor On Demand*	No cost to you				
Telehealth*		\$25 copay		\$20 copay	
Independent lab and X-ray	\$35 copay	20% coinsurance	Deductible then 30% coinsurance	10% coinsurance	Deductible then 20% coinsurance
Chiropractic care		\$25 copay		\$20 copay	
Emergency room	Deductible then	Deductible then	Dadwatihla than	Deductible then Deductible then 0% coinsurance 10% coinsurance 20% coinsu	Doductible their
Inpatient or outpatient hospital care	25% coinsurance	20% coinsurance	30% coinsurance		20% coinsurance

^{*} For prescriptions, member cost share applies.



"What is covered?"

Preventive care

Routine and diagnostic care including: annual physical, annual OB-GYN exam, pap smear, well-child care up to age 7, immunizations, mammogram, breast imaging ultrasound, sigmoidoscopy, colonoscopy and PSA tests.

Emergency room

In an emergency situation, if you cannot reasonably reach an in-network provider, covered services will be reimbursed as though they were received from an in-network provider.



"What's included?"

Allergy services, in-office Includes shots, testing and serum.

Infertility

Covers transfer procedures only, up to a \$15,000 lifetime maximum.

Vision

One annual routine vision exam at an in-network eye doctor.

Other covered services

Home health visit*, home infusion therapy*, private duty nursing*, home/durable medical equipment, oxygen and equipment.

Cost share details, continued

	HMO Essential	PPO Choice		PPO Premier		
Coverage	lowa only	Nationwide		Nationwide		
		IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	
	Deductible then 25% coinsurance					
Maternity	Routine prenatal and postnatal office visits for the mother's care are 100% covered.	Deductible then 20% coinsurance	Deductible then 30% coinsurance	Deductible then 10% coinsurance	Deductible then 20% coinsurance	
Allergy services, in-office	\$35 copay	\$25 copay	Deductible then 30% coinsurance	\$20 copay	Deductible then 20% coinsurance	
	Office visit: \$35 copay	Office visit: \$25 copay	Deductible then	Office visit: \$20 copay	Deductible then 20% coinsurance	
Infertility	Outpatient/inpatient care: Deductible then 25% coinsurance	Outpatient/inpatient care: Deductible then 20% coinsurance	30% coinsurance	Outpatient/inpatient care: Deductible then 10% coinsurance		
	Doctor On Demand visits: No cost to you	Doctor On Demand visits: No cost to you	care: Deductible then 10% coinsurance Doctor On Demand visits: No cost to you Telehealth visits,	Telehealth visits,		
Mental health & chemical dependency care	Office/telehealth visits: \$35 copay	Office/telehealth visits: \$25 copay	office visits, outpatient and inpatient care:	Office/telehealth visits: \$20 copay	office visits, outpatient and inpatient care:	
	Outpatient/inpatient care: Deductible then 25% coinsurance	Outpatient/inpatient care: Deductible then 20% coinsurance	Deductible then 30% coinsurance	Outpatient/inpatient care: Deductible then 10% coinsurance	Deductible then 20% coinsurance	
Skilled nursing	Deductible then 25% coinsurance	Deductible then 20% coinsurance	Deductible then 30% coinsurance	Deductible then 10% coinsurance	Deductible then 20% coinsurance	
Vision	\$35 copay	Not a covered benefit				
Other covered services	Deductible then 25% coinsurance	Deductible then 20% coinsurance	Deductible then 30% coinsurance	Deductible then 10% coinsurance	Deductible then 20% coinsurance	

^{*}Precertification required

Prescription drug coverage

		HMO Essential	PPO Choice	PPO Premier		
Coverage		lowa only	Nationwide	Nationwide		
			Blue Rx Complete SM	ı		
	Tier 1	\$10				
Drug costs	Tier 2	\$40				
	Tier 3	\$70				
	Tier 4	\$100				
Specialty drugs	Preferred biosimilar/generic	\$25				
	Preferred	\$50				
	Non-preferred	\$200				
Out-of-pocket maximum (OPM): Pharmacy		Single: \$2,600 Family: \$5,200 Medical and pharmacy OPMs are two separate amounts. See page 2 for medical OPM.				
	D-1-il	Tio	copays)			
Quantity limits	Retail	Tiers 2, 3 and 4: Up to a 30-day supply (1 copay)				
	Mail order	Tiers 1, 2, 3 and 4: Up to a 90-day supply (2 copays)				
Product selection penalty rule		If a name-brand drug is dispensed when a generic is available, you will pay a penalty: your cost share, plus the difference between the generic drug and the name-brand drug				

Use the CVS Caremark® member portal and app to access savings and manage your pharmacy benefits. Register and link to the free mobile app at Caremark.com/Mobile.



"What is the difference between tiers?"

Your drug's tier determines how much you'll pay at the pharmacy. The lower the tier, the more affordable your prescription.

- 1 Tier 1: Most affordable drugs Includes most generics and select name-brand drugs.
- 2 Tier 2: Preferred drugs

 Drugs that are proven to be
 effective and favorably priced
 compared to other drugs that
 treat the same condition.
- 3 Tier 3: Non-preferred drugs

 Drugs that have not been found to
 be any more effective than available
 generics or preferred brands.
- Tier 4: Limited-value drugs Combination products, lifestyle drugs or drugs with more cost-effective options available on lower tiers.

"What is a specialty drug?"

Specialty drugs are high-cost medications for complex conditions that require special handling. You may only fill prescriptions for specialty drugs at CVS Specialty® Pharmacies. Learn more and locate a pharmacy at CVSspecialty.com.



"What's that mean?"

In network/Out of network

In-network health care providers have contracted with Wellmark to accept discounted rates. Out-of-network providers have not agreed to the discounted rates. You will pay much less at in-network doctors, hospitals and pharmacies.

Premium

The amount taken from each paycheck to pay for your health insurance coverage.

Deductible

The amount you pay for some covered services before your plan begins to pay benefits.

Coinsurance

A percentage of the cost you pay each time you receive certain kinds of care.

Copay

A flat dollar amount you pay each time you receive certain kinds of care. With MIIP coverage, services subject to copays are not subject to the deductible.

Out-of-pocket maximum (OPM)

The most you will pay for services in a calendar year.

About this guide

The benefits information presented in this book describes only the highlights of the plans and does not constitute official plan documents. Additional terms and conditions apply. If there are any discrepancies between the information contained herein and the official plan documents, the plan documents will govern.

Your health benefits are provided by the **Metro Interagency Insurance Program (MIIP)**, and administered by **Wellmark Blue Cross and Blue Shield**.

Wellmark Customer Service: 1-800-277-8380

Wellmark.com

This is a general description of coverage. It is not a statement of contract. Actual coverage is subject to terms and conditions specified in the certificate itself and enrollment regulations in force when the certificate becomes effective. Certain exclusions and limitations apply.

Wellmark complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

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Doctor On Demand® is a registered mark of Doctor On Demand, Inc. CVS Specialty* and CVS Caremark* are registered marks of CVS Pharmacy, Inc.

M-2821970 3/23